



ATLANTIC REGIONAL
OSTEOPATHIC
CONFERENCE **2024**

2024 PROGRAM GUIDE

Osteopathic + Podiatric
DO and DPM Medical Professionals

April 10th -13th
Hard Rock • Atlantic City, NJ



NJAOPS
New Jersey Association of Osteopathic Physicians and Surgeons



NJPMS
New Jersey Podiatric Medical Society

Wednesday, April 10

A — designates that this session is approved for AMA PRA Category 1 Credits™
P — designates Pennsylvania Risk Management/Patient Safety
F — designates Florida relicensure requirements
M — Maintenance of Certification (MOC) Credits

Time	Session Title	Faculty/Speakers	Credits	Location
7:30-8:30am	Yoga: Relieving Stress Through Focused Breathing Techniques	Peggy Koenitzer	1.00 A	Fort Pierce D
8:35-10:00am	RIBBON CUTTING CEREMONY AND BREAKFAST IN EXHIBIT HALL			
10:00 -10:30am	Message from President: Dr. Dan DeFeo	Dan DeFeo, DO	0.50 A	Seminole III
10:30-11:30am	Burnout To Wellness: “Is This You?”	Antonio Ciccone, DO	1.00 A	Seminole III
11:30- 12:30pm	Keynote Speaker: Putting Intelligence to Artificial Intelligence in Medicine	Tarun Kapoor, MD, MBA	1.00 A P	Seminole III
12:30-2:00pm	LUNCH IN EXHIBIT HALL			
TRACK 1 - Osteopathic Medicine				
2:00-3:00pm	The Call to Action: The Need to Reduce Cardiovascular Risk in Patients with Type 2 Diabetes and Atherosclerotic Cardiovascular Disease (ABIM)	Nawras Makhsida, MD	1.00 A MP	Seminole III
3:00-4:00pm	Podiatry’s Impact in The Diabetic Foot	Yaron Raducanu, DPM	1.00 A	Seminole III
4:00-4:30pm	Coffee Break			
4:30-5:30pm	A Mechanical Consideration of the Foot and Ankle and the Treatment with Osteopathic Manipulation	Jonathan Torres, DO	1.00 A	Seminole III
5:30-6:30pm	OMM Hands On Workshop	Jonathan Torres, DO; Dan DeFeo, Do; Antonio Tsompanidis, DO; Richard Tancer, DO; Steven Rubin, DO	1.00 A	Seminole III
TRACK 2 - Workshops (Additional Fee)				
2:00-4:00pm	Fundamentals of Point of Care Ultrasound Workshop	Nils Brolis, DO; Kanad Mukherjee, DO; Kate Deiling, RDMS	2:00 A	Brighton III & IV
4:00-4:30pm	Coffee Break			
4:30-6:00pm	Botox Workshop	Lanna Cheuck, DO	1.50 A	Brighton III & IV
TRACK 3				
2:00-3:00pm	How to 10x Your Growth Switching from Hospital Medicine to Private Practice	Lanna Cheuck, DO	1.00 A	Fort Pierce D
4:00-5:00pm	Superficial Venous Disease Updates & Consensus Statement	Alissa Brotman O’Neill, DO	1.00 A	Fort Pierce D
5:00-6:00pm	Renal Denervation for Uncontrolled Hypertension: Innovative Technology Update and Hypertension Management	Daniel Ice, MD; Gin Den Chang, DO	1.00 A P	Fort Pierce D
6:30-6:50pm	NJAOPS Awards Ceremony	NJAOPS Leadership	--	Seminole III
7:00-9:00pm	NJAOPS’ Presidential Inaugural Event	NJAOPS Leadership	--	Soundwaves

On Demand Videos	CME Hours
End-of-Life (ABIM)	2.00 A M P

Thursday, April 11

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Time	Session Title	Faculty/Speakers	Credits	Location
7:00-8:00am	Yoga Nidra: Guided Meditation	Peggy Koenitzer	1.00 A	Fort Pierce D
8:00-9:00am	Multiple Sclerosis: Then and Now	Donald Barone, DO	1.00 A P	Seminole III
9:00-10:30am	BREAKFAST IN EXHIBIT HALL			
10:30-11:30am	MRI Guided Laser Interstitial Therapy for Intracranial Pathologies: Our 15 Year Path	Shabbar Danish, MD	1.00 A	Seminole III
11:30-12:30pm	Where Are We? The Evolving Landscape of Alzheimer’s Diagnosis and Treatment	Justine Spisak-Mosher, DO	1.00 A P	Seminole III
12:30-2:00pm	LUNCH IN EXHIBIT HALL			
TRACK 1				
2:00-3:00pm	A Clinical Review of Current Updates and Topics in Outpatient Evidence-Based Headache Medicine for Primary Care	Hannah Park, MD	1.00 A	Seminole III
3:00-4:00pm	Appropriate Lab Testing in a Patient with Suspected Rheumatic Disorder (ABIM)	Michael Guma, DO	1.00 AM	Seminole III
4:00pm	Coffee Break Back of the Lecture Room			
4:00-4:30pm	The Current Role of Parenteral Antibiotics in the Treatment of Osteomyelitis	Michael Barnish, DO	0.5 A	Seminole III
4:30-5:00pm	Oral Therapy for Osteomyelitis	Warren Joseph, DPM, FIDSA	0.5 A	Seminole III
5:00-5:45pm	What Every Physician Should Know About PAD	Richard Kovach, MD	.75 A	Seminole III
5:45-6:30pm	Hyperuricemia- A New Marker for Metabolic Syndrome	John Cozzarelli, DPM, R.Ph	.75 A	Seminole III
TRACK 2				
8:00-9:00am	Kids and Social Media: Risks, Benefits, and Recommendations	Alexandra Ranieri-Deniken, DO	1.00 A P	Brighton III & IV
10:30-11:30am	How to Maintain Cognitive Performance for Older Adults	Leonard Powell, DO, FACOFF, FNAOME,	1.00 A P	Brighton III & IV
11:30-12:30pm	Complex Regional Pain Syndrome- From Thermography to Ketamine	Philip Getson, DO	1.00 A	Brighton III & IV
TRACK 2 - Orthopedic and Orthopedic Surgery				
2:00-3:00pm	The Challenge of Management of Post Stroke Pain (ABIM)	Wei Xu, MD	1.00 AM	Brighton III & IV
3:00-4:00pm	Updates in Hand Surgery (ABOS)	Bryan Hozack, MD	1.00 AM	Brighton III & IV
4:00pm	Coffee Break Back of the Lecture Room			
4:00-5:00pm	Advanes in Spine Surgery (ABOS)	Barret Woods, MD	1.00 AM	Brighton III & IV
5:00-6:00pm	Outpatient Joint Replacement: The Future is Now (ABOS)	Zach Post, MD	1.00 AM	Brighton III & IV

Friday, April 12

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Time	Session Title	Faculty/Speakers	Credits	Location
6:45-7:45am	BREAKFAST			
TRACK 1				
7:30am-8:30am	U.S. Maternal Mortality Update & Strategies for Primary Care	Daniel Berger, DO	1.00 A P	Seminole III
8:30am-9:30am	When Primary Care and Emergency Care Clash	James Baird, DO	1.00 A P	Seminole III
9:30am-11:30am	CO*RE REMS: Striking a Balance: Understanding Pain Management and Opioids (NJ,PA,NY)	Annette Carron, DO	2.00 A P	Seminole III
11:30am-12:30pm	Keynote Speaker: Environmental Toxins and Autoimmune Disease	Aly Cohen, MD	1.00 A P	Seminole III
12:30-2:00pm	LUNCH ON YOUR OWN			
1:30-2:30pm	The Future of Healthy Aging-Digital Frailty Prevention at Home	Steve Lewis, MD	1.00 A P	Seminole III
2:30-3:30pm	Advancing Holistic Care for Traumatic Brain Injury: A Roadmap (ABIM)	Julie Sees, DO, FAAOS,-FAOA, FAOAO	1.00 AMP	Seminole III
3:30-4:30pm	Common Cardiac Tests and Correct Coding	Scott Siegal, DO	1.00 A P	Seminole III
4:30-5:30pm	Young Athletes and Cardiac Disease (ABIM)	Cynthia Kos, DO	1.00 AMP	Seminole III
5:30-6:30pm	Arrhythmias in Athletes (ABIM)	Pedram Kazemian, MD	1.00 AMP	Seminole III
TRACK 2 - Cardiology				
7:30-8:30am	Mitral and Tricuspid Valve Disease: Past, Present and the future	Muhammad Raza, MD	1.00 A	Brighton III & IV
8:30-9:30am	Obstructive Sleep Apnea Surgery Update (ABIM)	Thomas Brandeisky, DO and Rana Ali, MD	1.00 AM	Brighton III & IV
9:30-10:30am	Heart Failure: Strategies to Reduce Readmissions, MEM's Device and Pulmonary HTN (ABIM)	Cynthia Kos, DO	1.00 AMP	Brighton III & IV
10:30-11:30am	The Measure of Risk: Surveillance Thresholds for AAA and What Primary Care Physicians need to know about Carotid Disease	Gregory Domer, MD	1.00 A	Brighton III & IV
TRACK 2 - Internal Medicine (MOC Credits)				
1:30-2:30pm	Inflammatory Bowel Disease: Insights for Primary Care Practice (ABIM)	Sanket Patel, DO	1.00 AMP	Brighton III & IV
2:30-3:30pm	Sleep Apnea: Everything You Wanted to Know But Were Too Tired to Learn (ABIM)	Michael Driscoll V, DO	1.00 AMP	Brighton III & IV
3:30-4:30pm	The History and Evolution of HIV/AIDS & ART Treatments (ABIM)	Madhu Suryadevara, MD	1.00 AMP	Brighton III & IV
4:30-5:30pm	Wearable Consumer Cardiac Rhythm Monitoring (ABIM)	Jonathan Krathen, DO	1.00 AMP	Brighton III & IV
5:30-6:30pm	ECG Review 2024- Things I Don't Really Want to Miss (ABIM)	Scott Siegal, DO	1.00 AMP	Brighton III & IV

Saturday, April 13

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Time	Session Title	Faculty/Speakers	Credits	Location
6:30-7:30am	BREAKFAST			
7:30-9:30am	Medical Errors	Alan Carr, DO	2.00 A P F	Seminole III
9:30am-10:30pm	Florida Law	Alan Carr, DO	1.00 A P F	Seminole III
10:30	REFRESHMENT BREAK			
10:30-11:30am	New HIPAA Regulations	Vincent Buttaci, Esq.	1.00 A P F	Seminole III
11:30-12:30pm	Human Trafficking	Vincent Buttaci, Esq.	1.00 A P F	Seminole III

Learning Objectives: Saturday, April 13, 2024

7:30-9:30am Medical Errors -Alan Carr, DO

At the conclusion of this activity, participants will be able to:

1. Recognize how common medical errors affect patient safety.
2. Recall the root cause analysis and its role in preventing medical errors.
3. Identify means of error reduction and prevention.

9:30-10:30am Florida Law -Alan Carr, DO

At the conclusion of this activity, participants will be able to:

1. Recognize the CME requirements for continued Florida licensure.
2. Recall the necessary office signage that must be posted.
3. Discuss the laws pending/approved/disapproved governing the practice of medicine in Florida.

10:30-11:30am HIPAA Regulations -Vincent Buttaci, Esq.

At the conclusion of this activity, participants will be able to:

1. Recall HIPAA Privacy and Security requirements directing your medical practice.
2. Formulate the training of all staff members to become certified HIPAA Privacy Officers.
3. Recognize the best practices for HIPAA compliance in your office to circumvent a breach of protected health information.

11:30am-12:30pm Human Trafficking -Vincent Buttaci, Esq.

At the conclusion of this activity, participants will be able to:

1. Recognize the extent of the human trafficking problem in the United States.
2. Recall strategic approaches practitioners can implement to recognize the victims of human trafficking and provide resources to protect them.
3. Formulate an all-around approach to help the prevention of human trafficking.