



ATLANTIC REGIONAL
OSTEOPATHIC
CONFERENCE **2024**

2024 PROGRAM GUIDE

Osteopathic + Podiatric
DO and DPM Medical Professionals

April 10th -13th
Hard Rock • Atlantic City, NJ



NJAOPS
New Jersey Association of Osteopathic Physicians and Surgeons



NJPMS
New Jersey Podiatric Medical Society

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Dear Esteemed Colleagues,

As the President of the New Jersey Association of Osteopathic Physicians and Surgeons, it is with great pride and enthusiasm that I reach out to each and every one of you, my fellow osteopathic physicians, to share in the collective spirit of our profession.

At the heart of our osteopathic philosophy lies a commitment to holistic healthcare, compassionate patient-centered practices, and a relentless pursuit of excellence. Together, we embody the principles laid down by our esteemed founder, Dr. Andrew Taylor Still, and continue to carry forward his legacy with unwavering dedication.

In our dynamic healthcare landscape, our unity as osteopathic physicians is our greatest strength. Through NJAOPS, we have the remarkable opportunity to come together, to learn from one another, to support each other's professional growth, and to champion the advancement of osteopathic medicine in our state and beyond.

Let us seize this moment to reaffirm our commitment to our patients, our communities, and to each other. Let us stand shoulder to shoulder, united in our mission to promote health, prevent disease, and alleviate suffering. Together, we can overcome any challenge, break down barriers, and pave the way for a brighter future for osteopathic medicine.

As we embark on this journey together, let us remember the words of Dr. Still: "To find health should be the object of the doctor. Anyone can find disease."

Let us strive not only to diagnose and treat ailments but to empower our patients to achieve optimal health and wellness in mind, body, and spirit.

I invite you to join me in embracing our osteopathic journey with passion, purpose, and perseverance. Together, let us continue to uphold the principles of osteopathic medicine and inspire the next generation of physicians to follow in our footsteps.

Thank you for your dedication, your compassion, and your unwavering commitment to the osteopathic profession. Together, we will continue to make a meaningful difference in the lives of those we serve.

With warm regards and sincere appreciation,

Daniel DeFeo, DO
2024-2025
NJAOPS President



Daniel DeFeo, DO, FACOF
NJAOPS President 2024-2025



Dear Colleagues and Friends,

United we stand, divided we fall. As podiatric physicians, our strength lies in our unity. By working together within our professional medical society, we not only amplify our collective voice, but also foster a community dedicated to advancing our interests. Together, we share knowledge, support one another, and advocate for the recognition and respect we all deserve. In unity, we find empowerment, innovation, and the ability to shape our future for the betterment of all. This is why I am honored to serve as your 105th President of the New Jersey Podiatric Medical Society (NJPMS).

We have a multitude of opportunities ahead of us, driven by various factors such as evolving healthcare landscapes, advancements in medical technology, and increasing recognition of the importance of foot and ankle health.

Interdisciplinary Collaboration: As healthcare systems move towards more holistic and patient-centered care models, there's a growing demand for interdisciplinary collaboration among healthcare professionals. Podiatric physicians have the opportunity to work closely with orthopedic surgeons, psychiatrists, physical therapists, and other specialists to provide comprehensive care for patients with foot and ankle conditions.

Technological Advancements: The field of podiatric medicine continues to benefit from technological advancements, including minimally invasive surgical techniques, advanced imaging modalities, and innovative orthotic devices. Podiatric physicians who stay abreast of these technological developments and incorporate them into their practice will be well-positioned to offer cutting-edge treatments to their patients.

Primary Care Integration: With the increasing emphasis on preventive care and early intervention, podiatric physicians have the opportunity to play a

more significant role in primary care settings. By providing routine foot screenings, educating patients about foot health, and addressing foot-related issues before they escalate, we can contribute to overall health and wellness.

Research and Education: Podiatric physicians have the opportunity to contribute to advancements in the field through research and education. By conducting clinical studies, publishing scholarly articles, and participating in academic conferences, podiatric physicians can help expand the body of knowledge in podiatric medicine and improve patient outcomes.

Overall, our immediate outlook is bright, with ample opportunities for growth, innovation, and professional fulfillment. By staying informed, adapting to changes in the healthcare landscape, and embracing new opportunities, we can make a positive difference in the lives of our patients and communities.

We thank you for your participation at our very first New Jersey Podiatric Medical Conference. I look forward to meeting with all of you during our time together.

Best Regards,

Alan M Warren, DPM
2024-2025
NJPMS President



Alan M Warren, DPM
2024-2025 NJPMS President

Dear Esteemed Guests,

Welcome to AROC 2024! We extend our heartfelt gratitude for joining us for the next four days at the renowned Hard Rock Hotel. We are delighted to unveil an exceptional agenda tailored to enrich your experience during this event.

This year's AROC promises an array of enriching experiences, featuring networking opportunities with esteemed colleagues, a series of curated tracks comprising medical education lectures and interactive workshops, and ample occasions for networking at the exhibit floor. Additionally, we are thrilled to host the residency and medical students' abstract poster presentations, alongside extending a warm welcome to the New Jersey Podiatric Medical Society (NJPMs) as they debut their inaugural medical conference concurrently with ours.

We cordially invite you to join us on Wednesday, April 10th, at 7 p.m. at Soundwaves as we celebrate the esteemed leadership of our President, Dr. Daniel DeFeo. Furthermore, Thursday evening will witness a series of alumni functions, including gatherings for Rowan-Virtua School of Osteopathic Medicine (SOM), New York Institute of Technology College of Osteopathic Medicine (NYIT-COM), and Philadelphia College of Osteopathic Medicine (PCOM). Following these events, we eagerly anticipate hosting a Young Physicians in Practice Mixer at the Lobby Bar.

Your unwavering commitment to our Political Action Committee initiatives last year yielded significant strides in accomplishing our legislative objectives on behalf of all 40,200 physicians in New Jersey. However, our collective efforts persist. We earnestly encourage your continued dedication to our profession and have streamlined the donation process through Venmo this year. Kindly scan the QR code below and consider contributing to JOPAC.



We express our deepest appreciation for your steadfast support and unwavering dedication to our noble profession. Kindly mark your calendars for AROC 2025, scheduled for April 23rd to 26th, 2025, at the esteemed Hard Rock Hotel!

Warm regards,

Tajma Kotoric
Chief Executive Officer



Tajma Kotoric
Chief Executive Officer, NJAOPS

AROC 2024 SPONSORSHIP & HONORS



ATLANTIC REGIONAL
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CONFERENCE 2024

We are so grateful for the support of our corporate partners, who are committed to strengthening osteopathic medicine and building stronger and healthier communities in New Jersey. Together, we are helping to make a positive and lasting difference in the lives patients across our state, and we thank all of our sponsors for helping us to do our part. We appreciate all of the support and would like to acknowledge their contributions to the success of the AROC 2024 conference. Thank you to all of our generous partners for making this event possible!

Gold Level



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Silver Level



Bronze Level



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Special Award Honorees

Special Service Award



Alex King, DO



Laurie Clark

Presidential Citations:



Assemblyman Dr. Herb Conaway



Alan Ghaly, DO

Physician of the Year

Otto F Sabando, DO FACOEP, FACEP, FFSMB



"Querer es Poder!"

Son of Ecuadorean immigrants and born and raised in Queens NY, enlisting after graduating Brooklyn Technical High School 1984, he served as a US Navy Hospital Corpsman (Fleet Marines) for 10 years active and reserve.

Dr. Sabando earned his Baccalaureate of Arts in Biology in 1992 at Queens College. After working as a medical microbiologist for Smith-Kline Beecham Laboratories, he graduated from the NY-College of Osteopathic Medicine in 1998. He completed his Osteopathic Internship and Residency in Emergency Medicine in 2002 at St. Barnabas Hospital, Bronx NY.

He began his career at NY United Hospital, Port Chester NY as a faculty attending for the new Osteopathic Emergency Medicine Residency. Shortly thereafter, he was Interim Director of Medical Education, Interim Residency Director and Associate Residency Director. He also served on the Medical Board of the hospital until March of 2005.

In April of 2005, Dr. Sabando began as the Residency Director for the new Osteopathic Emergency Medicine Residency at St. Joseph's Regional Medical Center, Paterson NJ. He founded and was the Residency Director of the ACGME Emergency Medicine Residency program in 2013. He served as Residency Director until July 1st 2015. From 2015-2017 he served as the Chief, Medical Emergency Department.

Dr. Sabando is the Designated Institutional Official and Director of Medical Education for the accredited ACGME and CODA residency programs at St. Joseph's University Hospital, Paterson NJ since 2017. He also serves as Medical Director of ED Observation, Operations/Compliance, Regulatory and Quality. Dr. Sabando is Chair of ED Quality Committee.

Dr. Sabando serves on the System Medical Board and is the Vice President of Medical Staff. He serves as the Chair of Clinical Resource Utilization and Academic Affairs.

Nationally, he has served as Vice Chair of the

Osteopathic Emergency Medicine Residency Directors Committee and the Board of Directors of the American College of Osteopathic Physicians from 2010-2013.

Dr Sabando is recognized as a Fellow of American College of Osteopathic Emergency Physicians, American College of Emergency Physicians and the Federation State of Medical Board for his years of contribution to these organizations.

He served on the Executive Board of Directors and was President for NJAOPS in 2017 and is a NJ delegate for the American Osteopathic Association. As president, "Querer es Poder!" (translation: desire is strength) was the theme during his presidency. Outreach from NJAOPS improved. NJAOPS increased visibility with our legislators in Trenton. Increases in membership to NJAOPS and donations to JOPAC were appreciated. AROC attendance increased as well. He served on NJAOPS Board of Directors for 6 years and has been a member of NJAOPS since 2005.

On November of 2017, Governor Chris Christie appointed Dr. Sabando to serve on the NJ Board of Medical Examiners. He continues to serve as President since February 2022. He also serves on the following committees: Officers, Credentials, Screening, and Priority Review. He is also a delegate representing NJBME at the Federation State Medical Boards (FSMB).

Dr Sabando, married to a "Jersey Girl", Maria Coraci Sabando, has been happily married for 25 years. They have two daughters, Alyssa and Emily.

Dr Sabando enjoys his time off with his family, travel, fishing, sports (Mets and Dolphins fan) and boating.



AROC 2024 Program Goals and CME Credits

Global goals for AROC 2024 are designed to illustrate the New Jersey Association of Osteopathic Physicians and Surgeons (NJAOPS) commitment to provide independent, needs-based education that fosters change in physicians' knowledge, competence and performance to ultimately improve patient outcomes.

KNOWLEDGE

- Offer a core curriculum of clinical education, including comprehensive reviews of established practice patterns as well as new developments in diagnosis and treatment
- Provide updates of available pharmaceuticals, medical devices and management strategies
- Disseminate information related to practice management, quality of care, ethical practices and non-clinical topics that contribute to desired patient outcomes
- Provide a forum for analyzing and critiquing new medical information

COMPETENCE

- Foster the translation of evidence-based science into daily clinical practice.
- Provide training in clinical diagnostics and procedures, including osteopathic manipulative techniques, presented in self-paced and hands-on format.
- Promote professional exchanges between and within specialty groups with similar clinical and/or educational interests

TARGET AUDIENCE

AROC 2024 is intended for all professionals involved in delivering patient care, with particular emphasis on physicians. Nurse practitioners, clinical nurse specialists, and physician assistants, as well as medical students, will also benefit.

ACCREDITATION

Physician (AOA) Accreditation Statement
The NJAOPS is accredited by the American Osteopathic Association Council for Continuing Medical Education to sponsor continuing medical education (CME) activities for osteopathic physicians.

Credit Designation Statement (AOA)

NJAOPS designates this live activity for 33 AOA Category 1-A CME credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician (AMA) Accreditation Statement

The NJAOPS is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

Credit Designation Statement (AMA)

NJAOPS designates these educational activities for a maximum of 33.00 *AMA PRA Category 1 Credit™*. Physicians should claim credit commensurate with the extent of their participation in the activity. Requirements for successful completion are attendance in a session in its entirety and completing the evaluation tool.

Credit Designation Statement (NJPMS)

The New Jersey Podiatric Medical Society (NJPMS) is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. NJPMS has approved this activity for a maximum of 33.0 category 1 continuing education contact hours.

INTENDED AUDIENCE

This live activity is intended for podiatric physicians.

DISCLOSURE STATEMENT

NJPMS Planning Committee does not have any conflicts of interest to disclose.

AAFP Accreditation

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

Health Professionals

Participants may claim hours to receive a Certificate of Participation for an activity designated for *AMA PRA Category 1 Credits™*.

DISCLOSURE STATEMENT

It is the policy of NJAOPS that the information presented at CME activities will be unbiased and based on scientific evidence. To help participants make judgments about the presence of bias, NJAOPS has provided information that Program Committee members, moderators, and speakers have disclosed about financial relationships they have with commercial entities that produce or market products or services related to the content of this CME activity.

DISCLOSURE OF OFF-LABEL USE

The contents of some CME activities may contain discussions of off-label uses of some of the agents

mentioned. The faculty will inform participants if discussion of any non-FDA approved uses of pharmaceuticals or medical devices will be included in their presentation.

CONTACT INFORMATION

For questions regarding the accreditation of this activity, please contact the New Jersey Association of Osteopathic Physicians and Surgeons (NJAOPS) at info@njosteo.com.

MAINTENANCE OF CERTIFICATION CREDITS



Successful completion of AROC 2024 activities designated for MOC credits, which includes participation in the evaluation component, enables the participant to earn up to:

10.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program; and

3.0 MOC points in the American Board of Orthopaedic Surgery (ABOS) Maintenance of Certification program.

It is the CME provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM or ABOS MOC credit.

Use of Learner Data

If you are applying for MOC credits, please note that some of your data will be shared with ACCME through their PARS system. NJAOPS has taken appropriate measures to ensure that data privacy and security safeguards are in place during submission.

AMERICAN BOARD OF INTERNAL MEDICINE (ABIM)

Recognition Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10 MOC points in the American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC) program. It is the CME activity to provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC Credit.

AMERICAN BOARD OF ORTHOPAEDIC SURGERY (ABOS)

Recognition Statement

Successful completion of this CME activity, which includes participation in the evaluation component enables the learner to earn credit toward the CME (and Self-Assessment Examination requirements) of the American Board of Orthopaedic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABOS credit.



According to the disclosure policy of the New Jersey Association of Osteopathic Physicians and Surgeons (NJAOPS), all speakers and any other individuals who are in a position to control content are required to disclose any relevant relationships with any commercial interests related to this activity. The existence of these interests or relationships is not viewed as implying bias or decreasing the value of the presentation.

The following NJAOPS faculty have disclosures:

Donald Barone, DO, was a speaker and consultant for Serono. He was also a consult for Horizon.

John Cozzarelli, DPM, R.Ph was a speaker for Amgen.

Dan DeFeo, DO is a stockholder with ROM Technologies Inc.

Warren Joseph, DPM, FIDSA is a speaker for Paratek Pharmaceuticals.

Tarun Kapoor, MD was on the advisory board and digital solutions for Roche Information Systems.

Richard C. Kovach, DO is a speaker for Shockwave Medical and Phillips. He is also an investigator (structural heart) for Boston Scientific. Dr. Kovach is a stockholder with Ostial Corp. and Endoshape.

Sanket Patel, DO is a speaker for AbbVie and Takeda.

Justine Spisak-Mosher, DO is a speaker for Biogen, TG Therapeutics, and was a speaker for EMD Serono.

Madhu Suryadevara, MD is a speaker and on the Virtual advisory board for Gilead Sciences, Inc.

Barrett Woods, MD was a consultant for Medtronic and Altus.

The following faculty do not have disclosures:

Alice Alexander
James F. Baird IV, DO
Michael Barnish, DO
Daniel A. Berger, DO, FACOG, CPE, FAAPL
Nils Brolis, DO
Alan Carr, DO
Annette Carron, DO
Gin Will Chang, DO
Aly Cohen, MD
Gregory Domer, MD
Michael J. Driscoll, DO, FACOI, FCCP
Philip Getson, DO
Michael Guma, DO
Skip Heymann
Amanda Howell
Bryan Hozack, MD
Daniel Ice, DO
Margaret Koenitzer
Tajma Kotoric
Stephen Lewis, MD
Nawras Makhsida, MD

John McNerney
Patrick McNamara
Hannah Park, MD
Zach Post, MD
Leonard Powell, DO
Yaron Raducanu, DPM, DABFAS
Alexandra Ranieri-Deniken, Psy.D.
Steven Rubin, DO, FACOFP dist.
Julianne P. Sees DO, MBA, FAOAO, FAOA, FAAOS
Scott Siegal DO
Richard Tancer, DO
Jonathan Torres, DO
Antonios Tsompanidis, DO
Wei Xu, MD

The following NJPMS faculty have financial disclosures.

John Cozzarelli, DPM, R.Ph was a speaker for Amgen.

Warren Joseph, DPM, FIDSA is a speaker for Paratek Pharmaceuticals.

Richard C. Kovach, DO is a speaker for Shockwave Medical and Phillips. He is also an investigator (structural heart) for Boston Scientific. Dr. Kovach is a stockholder with Ostial Corp. and Endoshape.

Nicholas Petruzzi, MD is a speaker for Abbott/CSI, Shockwave Medical, and Boston Scientific. He is also an advisor for Boston Scientific.

The following faculty do not have disclosures:

Alice Alexander
Michael Barnish, DO
Daniel A. Berger, DO, FACOG, CPE, FAAPL
Nils Brolis, DO
Alan Carr, DO
Annette Carron, DO
Joseph D'Amico, DPM
Harti Desai, DO
Michael Guma, DO
Skip Heymann
Amanda Howell
Margaret Koenitzer
Tajma Kotoric
Samantha Landau, DPM, MPH
Robin Lenz, DPM
Nawras Makhsida, MD
John McNerney
Patrick McNamara
Yaron Raducanu, DPM, DABFAS
Julianne P. Sees DO, MBA, FAOAO, FAOA, FAAOS
Brian Winters, MD

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Wednesday, April 10

A — designates that this session is approved for AMA PRA Category 1 Credits™
P — designates Pennsylvania Risk Management/Patient Safety
F — designates Florida relicensure requirements
M — Maintenance of Certification (MOC) Credits

Time	Session Title	Faculty/Speakers	Credits	Location
7:30-8:30am	Yoga: Relieving Stress Through Focused Breathing Techniques	Peggy Koenitzer	1.00 A	Fort Pierce D
8:35-10:00am	RIBBON CUTTING CEREMONY AND BREAKFAST IN EXHIBIT HALL			
10:00 -10:30am	Message from President: Dr. Dan DeFeo	Dan DeFeo, DO	0.50 A	Seminole III
10:30-11:30am	Burnout To Wellness: “Is This You?”	Antonio Ciccone, DO	1.00 A	Seminole III
11:30- 12:30pm	Keynote Speaker: Putting Intelligence to Artificial Intelligence in Medicine	Tarun Kapoor, MD, MBA	1.00 A P	Seminole III
12:30-2:00pm	LUNCH IN EXHIBIT HALL			
TRACK 1 - Osteopathic Medicine				
2:00-3:00pm	The Call to Action: The Need to Reduce Cardiovascular Risk in Patients with Type 2 Diabetes and Atherosclerotic Cardiovascular Disease (ABIM)	Nawras Makhsida, MD	1.00 A MP	Seminole III
3:00-4:00pm	Podiatry’s Impact in The Diabetic Foot	Yaron Raducanu, DPM	1.00 A	Seminole III
4:00-4:30pm	Coffee Break			
4:30-5:30pm	A Mechanical Consideration of the Foot and Ankle and the Treatment with Osteopathic Manipulation	Jonathan Torres, DO	1.00 A	Seminole III
5:30-6:30pm	OMM Hands On Workshop	Jonathan Torres, DO; Dan DeFeo, Do; Antonio Tsompanidis, DO; Richard Tancer, DO; Steven Rubin, DO	1.00 A	Seminole III
TRACK 2 - Workshops (Additional Fee)				
2:00-4:00pm	Fundamentals of Point of Care Ultrasound Workshop	Nils Brolis, DO; Kanad Mukherjee, DO; Kate Deiling, RDMS	2:00 A	Brighton III & IV
4:00-4:30pm	Coffee Break			
4:30-6:00pm	Botox Workshop	Lanna Cheuck, DO	1.50 A	Brighton III & IV
TRACK 3				
2:00-3:00pm	How to 10x Your Growth Switching from Hospital Medicine to Private Practice	Lanna Cheuck, DO	1.00 A	Fort Pierce D
4:00-5:00pm	Superficial Venous Disease Updates & Consensus Statement	Alissa Brotman O’Neill, DO	1.00 A	Fort Pierce D
5:00-6:00pm	Renal Denervation for Uncontrolled Hypertension: Innovative Technology Update and Hypertension Management	Daniel Ice, MD; Gin Den Chang, DO	1.00 A P	Fort Pierce D
6:30-6:50pm	NJAOPS Awards Ceremony	NJAOPS Leadership	--	Seminole III
7:00-9:00pm	NJAOPS’ Presidential Inaugural Event	NJAOPS Leadership	--	Soundwaves

On Demand Videos	CME Hours
End-of-Life (ABIM)	2.00 A M P

Learning Objectives: Wednesday, April 10, 2024

TRACK 1

7:30-8:30am

Yoga: Relieving Stress Through Focused Breathing Techniques

-Peggy Koenitzer, Certified Yoga Instructor

At the conclusion of this activity, participants will be able to:

1. Demonstrate yoga and breathing techniques that are designed to still the mind and become centered and focused.
2. Apply gentle yoga exercises which will aid in relieving stress by stretching the body and releasing tension.

10:30-11:30am

Physician Burnout

-Antonio Ciccone, D.O.

At the conclusion of this activity, participants will be able to:

1. Define what burnout is and how it relates to job dissatisfaction and stress.
2. Describe the effects of physician burnout on the quality of health care.
3. Identify personal and profession lifestyle changes to manage stress.

11:30am-12:30pm

Putting Intelligence to Artificial Intelligence in Medicine

-Tarun Kapoor, MD, MBA

At the conclusion of this activity, participants will be able to:

1. Develop a comprehensive understanding of the current landscape of AI tools in medicine, including their applications, limitations, and potential impact on healthcare delivery and patient outcomes.
2. Discuss a systematic framework for critically evaluating AI tools in medicine, encompassing considerations such as data quality, algorithm transparency, regulatory compliance, and ethical implications.
3. Apply skills in discerning between reliable and unreliable AI tools in medical practice, enabling participants to make informed decisions regarding the integration and utilization of AI technologies to improve patient care and clinical decision-making processes.

2:00-3:00pm

The Call to Action: The Need to Reduce Cardiovascular Risk in Patients with Type 2 Diabetes and Atherosclerotic Cardiovascular Disease

-Nawras Makhsida, MD

At the conclusion of this activity, participants will be able to:

1. Discuss the need to address CV risk in patients with Type 2 diabetes
2. Recount ASCVD as the most common

3. CVD in patients with Type 2 diabetes
4. Describe how ASCVD impacts patients with Type 2 diabetes
5. Review recommendations from major medical societies for patients with Type 2 diabetes and ASCVD, or ASCVD risk factors.
6. Identify the importance of a team-based approach to reduce CV risk in patients with Type 2 diabetes

3:00-4:00pm

Podiatry's Impact in The Diabetic Foot

-Yaron Raducanu, DPM, DABFAS

At the conclusion of this activity, participants will be able to:

1. Identify how podiatry impacts the diabetic foot in the office and in the hospital setting.
2. Describe various wound care techniques used in the hospital and in the office.

4:30-5:30pm

A Mechanical Consideration of the Foot and Ankle and the Treatment with Osteopathic Manipulation

-Jonathan Torres, DO, MPA, FACOFP, FAAO

At the conclusion of this activity, participants will be able to:

1. Identify foci of somatic dysfunctions in the foot as well as how to diagnose them.
2. Demonstrate OMT to improve motion within the foot and ankle.
3. Review mechanical relationships for problems involving the foot and ankle.

5:30-6:30pm

OMM Hands-on Workshop

-Jonathan Torres, DO; Dan DeFeo, DO; Antonios Tsompanidis, DO; Richard Tancer, DO; Steven Rubin, DO; Alex King, DO; Lenny Powell, DO

At the conclusion of this activity, participants will be able to:

1. Describe the various osteopathic manipulative technique used in this workshop and understand the anatomy involved.
2. Apply the manipulative techniques for various medical conditions.
3. Discuss how to integrate these manipulative techniques in your practice/with your patients.

TRACK 2

2:00-4:00pm

Fundamentals of Point of Care Ultrasound Workshop

-Nils Brolis, DO; Kanad Mukherjee, DO; Kate Deiling, RDMS

At the conclusion of this activity, participants will be able to:

1. Demonstrate basic operations of an ultrasound machine.
2. Identify several key anatomical structures on an ultrasound image.
3. Recognize clinical scenarios where point of care ultrasound can be utilized.

4:30-6:00pm

Botox Workshop

-Lanna Cheuck, MD

At the conclusion of this activity, participants will be able to:

1. Describe the different product selection for treatment choice.
2. Pick out appropriate patients and how to manage their outcome expectations.

TRACK 3

2:00-3:00pm

How to 10x Your Growth Switching from Hospital Medicine to Private Practice-Lanna Cheuck, MD

At the conclusion of this activity, participants will be able to:

1. Understand the fundamentals of starting your own private practice
2. Recall the meaning of creating an asset
3. Apply value added and patient centric business opportunities to your private practice.

4:00-5:00pm

Superficial Venous Disease Updates & Consensus Statement

-Alissa Brotman O'Neill, DO

At the conclusion of this activity, participants will be able to:

1. Recount guidelines for treating superficial venous disease.
2. Discuss areas where guidelines are still needed.
3. Review if there is overutilization.

5:00-6:00pm

Renal Denervation for Uncontrolled Hypertension: Innovative Technology Update Hypertension Management

-Daniel Ice, MD; Gin Den Chang, DO

At the conclusion of this activity, participants will be able to:

1. Identify and define hypertension.
2. Recognize risk factors for hypertension.
3. Discuss the management and treatment of hypertension.
4. Recall the latest trial data behind the efficacy of renal denervation.
5. Acknowledge the different types of renal denervation.
6. Describe the basic concept of renal denervation and its use in treating hypertension.

Thursday, April 11

A — designates that this session is approved for AMA PRA Category 1 Credits™
P — designates Pennsylvania Risk Management/Patient Safety
F — designates Florida relicensure requirements
M — Maintenance of Certification (MOC) Credits

Time	Session Title	Faculty/Speakers	Credits	Location
7:00-8:00am	Yoga Nidra: Guided Meditation	Peggy Koenitzer	1.00 A	Fort Pierce D
8:00-9:00am	Multiple Sclerosis: Then and Now	Donald Barone, DO	1.00 A P	Seminole III
9:00-10:30am	BREAKFAST IN EXHIBIT HALL			
10:30-11:30am	MRI Guided Laser Interstitial Therapy for Intracranial Pathologies: Our 15 Year Path	Shabbar Danish, MD	1.00 A	Seminole III
11:30-12:30pm	Where Are We? The Evolving Landscape of Alzheimer’s Diagnosis and Treatment	Justine Spisak-Mosher, DO	1.00 A P	Seminole III
12:30-2:00pm	LUNCH IN EXHIBIT HALL			
TRACK 1				
2:00-3:00pm	A Clinical Review of Current Updates and Topics in Outpatient Evidence-Based Headache Medicine for Primary Care	Hannah Park, MD	1.00 A	Seminole III
3:00-4:00pm	Appropriate Lab Testing in a Patient with Suspected Rheumatic Disorder (ABIM)	Michael Guma, DO	1.00 AM	Seminole III
4:00pm	Coffee Break Back of the Lecture Room			
4:00-4:30pm	The Current Role of Parenteral Antibiotics in the Treatment of Osteomyelitis	Michael Barnish, DO	0.5 A	Seminole III
4:30-5:00pm	Oral Therapy for Osteomyelitis	Warren Joseph, DPM, FIDSA	0.5 A	Seminole III
5:00-5:45pm	What Every Physician Should Know About PAD	Richard Kovach, MD	.75 A	Seminole III
5:45-6:30pm	Hyperuricemia- A New Marker for Metabolic Syndrome	John Cozzarelli, DPM, R.Ph	.75 A	Seminole III
TRACK 2				
8:00-9:00am	Kids and Social Media: Risks, Benefits, and Recommendations	Alexandra Ranieri-Deniken, DO	1.00 A P	Brighton III & IV
10:30-11:30am	How to Maintain Cognitive Performance for Older Adults	Leonard Powell, DO, FACOFF, FNAOME,	1.00 A P	Brighton III & IV
11:30-12:30pm	Complex Regional Pain Syndrome- From Thermography to Ketamine	Philip Getson, DO	1.00 A	Brighton III & IV
TRACK 2 - Orthopedic and Orthopedic Surgery				
2:00-3:00pm	The Challenge of Management of Post Stroke Pain (ABIM)	Wei Xu, MD	1.00 AM	Brighton III & IV
3:00-4:00pm	Updates in Hand Surgery (ABOS)	Bryan Hozack, MD	1.00 AM	Brighton III & IV
4:00pm	Coffee Break Back of the Lecture Room			
4:00-5:00pm	Advanes in Spine Surgery (ABOS)	Barret Woods, MD	1.00 AM	Brighton III & IV
5:00-6:00pm	Outpatient Joint Replacement: The Future is Now (ABOS)	Zach Post, MD	1.00 AM	Brighton III & IV

Learning Objectives: Thursday, April 11, 2024

TRACK 1

7:00-8:00am

Yoga Nidra: Guided Meditation

-Peggy Koenitzer, Certified Yoga Instructor

At the conclusion of this activity, participants will be able to:

1. Practice a deep sense of relaxation through the practice of yoga nidra (guided meditation).
2. Demonstrate yoga nidra to help manage stress relief and stress management.

8:00-9:00am

Multiple Sclerosis: Then and Now

-Donald Barone, DO

At the conclusion of this activity, participants will be able to:

1. Review the diagnostic criteria for multiple sclerosis in the current era.
2. Distinguish neuromyelitis optica from M.S. spectrum disorder.
3. Describe the advances and current state of M.S. therapeutics.
4. Identify the associated complications and management strategies.

10:30-11:30am

MRI Guided Laser Interstitial Therapy for Intracranial Pathologies: Our 15 Year Path

-Shabbar Danish, MD

At the conclusion of this activity, participants will be able to:

1. Recognize the evolution of MRI guided laser interstitial thermal therapy
2. Describe which clinical scenarios may be appropriate for laser interstitial therapy.
3. Identify the limitations of laser interstitial therapy in neuro-oncology and epilepsy.

11:30am-12:30pm

Where Are We? The Evolving Landscape of Alzheimer's Diagnosis and Treatment -Justine Spisak-Mosher, DO

At the conclusion of this activity, participants will be able to:

1. Identify the latest biomarkers for early detection of Alzheimer's disease.
2. Distinguish between Alzheimer's Dementia and age-related cognitive changes.
3. Describe the current standard of care for managing Alzheimer's Disease including both pharmacological and nonpharmacological interventions.

2:00-3:00pm

A Clinical Review of Current Updates and Topics in Outpatient Evidence-Based Headache Medicine for Primary Care - Hannah Park, MD

At the conclusion of this activity, participants will be able to:

1. Discuss the management and treatment of primary headache disorders across outpatient populations.
2. Review the management and treatment modalities, including procedures and new developments that are currently widely utilized in an evidence-based, headache medicine subspecialty practice.
3. Acknowledging the importance of preventing Medication Overuse Headache.
4. Identify triaging patients presenting to primary care with headache, and a guide to management and treatment of these patients leading to neurology and headache medicine subspecialty referrals.

3:00-4:00pm

Appropriate Lab Testing in a Patient with a Suspected Rheumatic Disorder

-Micheal Guma, DO

At the conclusion of this activity, participants will be able to:

1. Identify and distinguish inflammatory arthritic disorders from noninflammatory disorders.
2. Recognize when it is appropriate to order specific lab tests.
3. Describe the benefits and weakness of certain lab tests.
4. Discuss a cost-effective strategy when ordering specific lab testing.

4:00-4:30pm

The Current Role of Parenteral Antibiotics in the Treatment of Osteomyelitis - Michael Barnish, DO

At the conclusion of this activity, participants will be able to:

1. Recognize the specific guidelines for the treatment of osteomyelitis are poorly defined and severely lacking.
2. Describe where the use of parenteral antibiotics may be preferred over oral options in the treatment of osteomyelitis.
3. Review the newer parenteral options in the treatment of osteomyelitis.

4:30-5:00pm

Oral Therapy for Osteomyelitis

-Warren Joseph, DPM, FIDSA

At the conclusion of this activity, participants will be able to:

1. Reevaluate the traditional long held notion of the "standard of care" for the treatment of osteomyelitis.
2. Identify that the treatment of osteomyelitis may not necessitate the use of 6 weeks of intravenous antibiotic therapy.
3. Describe the scientific evidence behind the use of oral antibiotics in place of intravenous drugs.

5:00-5:45pm

What Every Physician Should Know About PAD - Richard Kovach, MD

At the conclusion of this activity, participants will be able to:

1. Identify signs and symptoms of PAD
2. Convey with patients and colleagues about morbidity and mortality associated with PAD
3. Discuss, understand, and recommend treatment options for PAD and Critical Limb Ischemia.

5:45-6:30pm

Hyperuricemia- A New Marker For Metabolic Syndrome -John Cozzarelli, DPM, R.Ph

At the conclusion of this activity, participants will be able to:

1. Describe the progressive, destructive nature of uric acid.
2. Discuss the biochemical pathway, resulting in systemic dysfunction.
3. Recognize how early diagnosis and early treatment results in better clinical outcomes.

TRACK 2

8:00-9:00am

Kids and Social Media: Risks, Benefits, and Recommendations -Alexandra Ranieri-Deniken, DO

At the conclusion of this activity, participants will be able to:

1. Discuss insight regarding children's social media usage.
2. Identify potential risks and challenges associated with the use of social media, as well as benefits.
3. Review the role of providers in supporting caregivers in guiding children's social media

10:30-11:30am

How to Maintain Cognitive Performance for Older Adults - Leonard Powell, DO, FACOPF, FNAOME, CMD

At the conclusion of this activity, participants will be able to:

1. Develop strategies to maintain cognitive performance in older adults.
2. Identify screening tools to assess functional status, depression, and cognitive impairment.
3. Describe age-appropriate changes to cognitive health, motor function, emotional function, and tactile function.

11:30am-12:30pm

Complex Regional Pain Syndrome- From Thermography to Ketamine

-Philip Getson, DO

At the conclusion of this activity, participants will be able to:

1. Develop a better understanding of Complex Regional Pain Syndrome
2. Recognize diagnostic testing and therapeutic interventions for C.R.P.S.
3. Review ketamine for pain usage.

2:00-3:00pm

Evaluation and Treatment of Post Stroke Patients - Wei Xu, MD

At the conclusion of this activity, participants will be able to:

1. Review types of post stroke pain.
2. Discuss the multidisciplinary approach of post stroke pain management.
3. Identify commonly used pharmacological agents for post stroke pain management.

3:00-4:00pm

Hand and Wrist - Bryan Hozack, MD

At the conclusion of this activity, participants will be able to:

1. Discuss the differential diagnosis and treatment strategies for carpal tunnel syndrome.
2. Describe surgical techniques for thumb basal joint arthritis.
3. Identify different approaches and treatment strategies for distal radius fractures.
4. Explain the diagnosis and treatment of fractures of the bones of the hand.

4:00-5:00pm

Spine Surgery-Barrett Woods, MD

At the conclusion of this activity, participants will be able to:

1. Recount knowledge and comprehension of common surgical approaches, non-operative & operative treatment option for the spine.
2. Identify the basic and clinical science on which spine surgery is grounded.
3. Demonstrate recognition in the importance of lifelong learning in medical/surgical practice.

5:00-6:00pm

Hip and Knee Joint Replacement Surgery -Zach Post, MD

At the conclusion of this activity, participants will be able to:

1. Identify contraindications to outpatient joint replacement.
2. Describe the role robotics play in modern joint replacement.
3. Discuss the major changes in joint replacement surgery that make outpatient surgery possible.
4. Review anti-coagulation protocols for joint replacement.

Friday, April 12

A — designates that this session is approved for AMA PRA Category 1 Credits™
P — designates Pennsylvania Risk Management/Patient Safety
F — designates Florida relicensure requirements
M — Maintenance of Certification (MOC) Credits

Time	Session Title	Faculty/Speakers	Credits	Location
6:45-7:45am	BREAKFAST			
TRACK 1				
7:30am-8:30am	U.S. Maternal Mortality Update & Strategies for Primary Care	Daniel Berger, DO	1.00 A P	Seminole III
8:30am-9:30am	When Primary Care and Emergency Care Clash	James Baird, DO	1.00 A P	Seminole III
9:30am-11:30am	CO*RE REMS: Striking a Balance: Understanding Pain Management and Opioids (NJ,PA,NY)	Annette Carron, DO	2.00 A P	Seminole III
11:30am-12:30pm	Keynote Speaker: Environmental Toxins and Autoimmune Disease	Aly Cohen, MD	1.00 A P	Seminole III
12:30-2:00pm	LUNCH ON YOUR OWN			
1:30-2:30pm	The Future of Healthy Aging-Digital Frailty Prevention at Home	Steve Lewis, MD	1.00 A P	Seminole III
2:30-3:30pm	Advancing Holistic Care for Traumatic Brain Injury: A Roadmap (ABIM)	Julie Sees, DO, FAAOS,-FAOA, FAOAO	1.00 AMP	Seminole III
3:30-4:30pm	Common Cardiac Tests and Correct Coding	Scott Siegal, DO	1.00 A P	Seminole III
4:30-5:30pm	Young Athletes and Cardiac Disease (ABIM)	Cynthia Kos, DO	1.00 AMP	Seminole III
5:30-6:30pm	Arrhythmias in Athletes (ABIM)	Pedram Kazemian, MD	1.00 AMP	Seminole III
TRACK 2 - Cardiology				
7:30-8:30am	Mitral and Tricuspid Valve Disease: Past, Present and the future	Muhammad Raza, MD	1.00 A	Brighton III & IV
8:30-9:30am	Obstructive Sleep Apnea Surgery Update (ABIM)	Thomas Brandeisky, DO and Rana Ali, MD	1.00 AM	Brighton III & IV
9:30-10:30am	Heart Failure: Strategies to Reduce Readmissions, MEM's Device and Pulmonary HTN (ABIM)	Cynthia Kos, DO	1.00 AMP	Brighton III & IV
10:30-11:30am	The Measure of Risk: Surveillance Thresholds for AAA and What Primary Care Physicians need to know about Carotid Disease	Gregory Domer, MD	1.00 A	Brighton III & IV
TRACK 2 - Internal Medicine (MOC Credits)				
1:30-2:30pm	Inflammatory Bowel Disease: Insights for Primary Care Practice (ABIM)	Sanket Patel, DO	1.00 AMP	Brighton III & IV
2:30-3:30pm	Sleep Apnea: Everything You Wanted to Know But Were Too Tired to Learn (ABIM)	Michael Driscoll V, DO	1.00 AMP	Brighton III & IV
3:30-4:30pm	The History and Evolution of HIV/AIDS & ART Treatments (ABIM)	Madhu Suryadevara, MD	1.00 AMP	Brighton III & IV
4:30-5:30pm	Wearable Consumer Cardiac Rhythm Monitoring (ABIM)	Jonathan Krathen, DO	1.00 AMP	Brighton III & IV
5:30-6:30pm	ECG Review 2024- Things I Don't Really Want to Miss (ABIM)	Scott Siegal, DO	1.00 AMP	Brighton III & IV

Learning Objectives: Friday, April 12, 2024

TRACK 1

7:30-8:30am

U.S. Maternal Mortality Update and Strategies for Primary Care: April 2024 -Daniel Berger, DO

At the conclusion of this activity, participants will be able to:

1. Review issues associated with maternal mortality in the U.S.
2. Discuss possible factors and solutions for the maternal mortality rate in the U.S.
3. Discuss primary care interventions that can make a difference.

8:30-9:30am

When Primary Care and Emergency Care Clash - James Baird, DO

At the conclusion of this activity, participants will be able to:

1. Describe the differences in the approach to common and shared complaints between two different healthcare treatment areas.
2. Recount the evidence behind treatment decisions made in Emergency Medicine, with specific attention to lower acuity and common presentations.
3. Review the opportunities for a streamlined approach for overall improved patient experience in health care delivery.

9:30-11:30am

CO*RE REMS: Striking a Balance: Understanding Pain Management and Opioids -Annette Carron, DO

At the conclusion of this activity, participants will be able to:

1. Describe the pathophysiology of pain as it relates to the concepts of pain management.
2. Accurately assess patients in pain.
3. Develop a safe and effective pain treatment plan.
4. Identify evidence-based non-opioid options for the treatment of pain.
5. Identify the risks and benefits of opioid therapy.
6. Review how to manage ongoing opioid therapy.
7. Recognize behaviors that may be associated with opioid use disorder.

11:30am-12:30pm

Keynote Speaker: Environmental Toxins & Autoimmune Disease - Aly Cohen, MD

At the conclusion of this activity, participants will be able to:

1. Discuss the plethora of toxins in the human environment.
2. Describe the epidemiology of autoimmune disease.
3. Identify cellular mechanisms for a variety of toxins on immune system function.
4. Explain both conventional and integrative/functional approaches to reducing toxic exposures.
5. Apply evidence-based strategies for patient management of autoimmune disorders.

1:30-2:30pm

The Future of Healthy Aging- Digital Frailty Prevention at Home - Steve Lewis, MD

At the conclusion of this activity, participants will be able to:

1. Define common associated determinants for healthy aging.
2. Stage healthy aging from fit to frail.
3. Identify evidence-based rehabilitation models of care that address the common associated determinants for both frailty and dementia.
4. Identify evidence-based telehealth models that hold promise for the delivery of frailty prevention within home-based settings.

2:30-3:30pm

Advancing Holistic Care for Traumatic Brain Injury: A Roadmap - Julie Sees, DO, FAAOS, FAOA,

FAOAO

At the conclusion of this activity, participants will be able to:

1. Recognize the magnitude and consequences of traumatic brain injury.
2. Discuss the progress which has been made in understanding how the condition affects people and families over time.
3. Review recommendations establishing a comprehensive framework for addressing traumatic brain injury and emphasize that it should be understood as a complex, heterogeneous, and evolving condition in which multiple biological, psychological, and socio-ecological factors influence a person's experience and outcomes.

3:30-4:30pm

Common Cardiac Tests and Correct Coding -Scott Siegal, DO

At the conclusion of this activity, participants will be able to:

1. Describe when to order certain cardiac tests (e.g. stress tests, echoes, coronary calcium scores, coronary CT angiograms, and others)
2. Explain the necessary component needed to get the study authorized.
3. Discuss the coding process for medical test authorization.

4:30-5:30pm

Young Athletes and Cardiac Disease - Cynthia Kos, DO

At the conclusion of this activity, participants will be able to:

1. Identify the possible causes of sudden cardiac disease in young people as well as what warning signs to look for.
2. Describe screening and prevention considerations for sudden cardiac death.
3. Review cases of pediatric patients with cardiac disease.

5:30-6:30pm

Arrhythmias in Athletes -Pedram Kazemian, MD

At the conclusion of this activity, participants will be able to:

1. Identify the most common arrhythmia in athletes.
2. Discuss treatment and how to reduce symptoms.

TRACK 2

7:30-8:30am

Mitral and Tricuspid Valve Disease: Past, Present, and the Future - Muhammad Raza, MD

At the conclusion of this activity, participants will be able to:

1. Describe the etiology of mitral and tricuspid valve disease.
2. Identify signs and symptoms associated with mitral and tricuspid valve disease.
3. Discuss the treatment available.

8:30-9:30am

Sleep Apnea -Thomas Brandeisky, DO; Rana Ali, MD

At the conclusion of this activity, participants will be able to:

1. Identify the tell-tale physical finding of OSA and how they affect surgical planning.
2. Describe how the multilevel nature of OSA is related to surgical failure.
3. Review the rationale behind the selection criteria for successful UPPP.
4. Explain why Hypoglossal Nerve Stimulation is a promising alternative to CPAP and traditional pharyngeal procedures.

9:30-10:30am

Heart Failure: Strategies to Reduce Readmissions, MEM's Device and Pulmonary HTN - Cynthia Kos, DO

At the conclusion of this activity, participants will

be able to:

1. Describe and define compensatory mechanisms of heart failure.
2. Discuss the innovations in pharmacologic therapy.
3. Identify MEM's devices.

10:30-11:30am

The Measure of Risk: Surveillance Thresholds for AAA and What Primary Care Physicians Need to Know About Carotid Disease - Gregory Domer, MD

At the conclusion of this activity, participants will be able to:

1. Recognize when it should be referred to a vascular surgeon for AAA and Carotid Disease.
2. Identify benefits of varying carotid and AAA interventions.

1:30-2:30pm

Inflammatory Bowel Disease: Insights for Primary Care Practice - Sanket Patel, DO

At the conclusion of this activity, participants will be able to:

1. Recognize the clinical presentation, indications for diagnostic evaluation, and specialist referral.
2. Implement routine healthcare maintenance in IBD, including screenings and vaccinations.
3. Identify the needs of special populations with IBD, such as women and the elderly.

2:30-3:30pm

Sleep Apnea: Everything You Wanted to Know But Were Too Tired to Learn

-Michael Driscoll V, DO

At the conclusion of this activity, participants will be able to:

1. Identify the risk factors and consequences of sleep apnea.
2. Describe how to diagnose sleep apnea and formulate a treatment plan based on the options currently available.
3. Discuss other potential obstacles to good sleep on a regular basis.

3:30-4:30pm

The History and Evolution of HIV/AIDS & ART Treatments - Madhu Suryadevara, MD

At the conclusion of this activity, participants will be able to:

1. Recognize the full spectrum and history of HIV/AIDS and its political, economical, and international effects.
2. Identify how to manage and care for HIV patients with current single pill regimens.
3. Discuss where the future of HIV treatments are headed (long acting injectables and pills).

4:30-5:30pm

Consumer Wearable Devices -Jonathan Krathen, DO

At the conclusion of this activity, participants will be able to:

1. Describe types of wearable consumer monitors available.
2. Identify what to expect from consumer data.
3. Discuss what to do with data from consumer wearables.

5:30-6:30pm

ECG Review 2024- Things I don't Really Want to Miss - Scott Siegal, DO

At the conclusion of this activity, participants will be able to:

1. Recognize specific critical patterns on ECGs.
2. Identify the ECG patterns of myocardial ischemia, injury and infarction.
3. Review pericarditis, hyperkalemia, and low voltage.
4. Explain certain arrhythmias including significant AV blocks and ventricular tachycardia.

Saturday, April 13

A — designates that this session is approved for AMA PRA Category 1 Credits™
P — designates Pennsylvania Risk Management/Patient Safety
F — designates Florida relicensure requirements
M — Maintenance of Certification (MOC) Credits

Time	Session Title	Faculty/Speakers	Credits	Location
6:30-7:30am	BREAKFAST			
7:30-9:30am	Medical Errors	Alan Carr, DO	2.00 A P F	Seminole III
9:30am-10:30pm	Florida Law	Alan Carr, DO	1.00 A P F	Seminole III
10:30	REFRESHMENT BREAK			
10:30-11:30am	New HIPAA Regulations	Vincent Buttaci, Esq.	1.00 A P F	Seminole III
11:30-12:30pm	Human Trafficking	Vincent Buttaci, Esq.	1.00 A P F	Seminole III

Learning Objectives: Saturday, April 13, 2024

7:30-9:30am Medical Errors -Alan Carr, DO

At the conclusion of this activity, participants will be able to:

1. Recognize how common medical errors affect patient safety.
2. Recall the root cause analysis and its role in preventing medical errors.
3. Identify means of error reduction and prevention.

9:30-10:30am Florida Law -Alan Carr, DO

At the conclusion of this activity, participants will be able to:

1. Recognize the CME requirements for continued Florida licensure.
2. Recall the necessary office signage that must be posted.
3. Discuss the laws pending/approved/disapproved governing the practice of medicine in Florida.

10:30-11:30am HIPAA Regulations -Vincent Buttaci, Esq.

At the conclusion of this activity, participants will be able to:

1. Recall HIPAA Privacy and Security requirements directing your medical practice.
2. Formulate the training of all staff members to become certified HIPAA Privacy Officers.
3. Recognize the best practices for HIPAA compliance in your office to circumvent a breach of protected health information.

11:30am-12:30pm Human Trafficking -Vincent Buttaci, Esq.

At the conclusion of this activity, participants will be able to:

1. Recognize the extent of the human trafficking problem in the United States.
2. Recall strategic approaches practitioners can implement to recognize the victims of human trafficking and provide resources to protect them.
3. Formulate an all-around approach to help the prevention of human trafficking.

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Wednesday, April 10

Time	Session Title	Faculty/Speakers	Credits	Location
7:30-8:30am	Yoga: Relieving Stress Through Focused Breathing Techniques	Peggy Koenitzer	1.00	Fort Pierce D
8:35-10:00am	RIBBON CUTTING CEREMONY AND BREAKFAST IN EXHIBIT HALL			
10:00 -10:30am	Podiatry in Africa: ODUNA Medical Mission 2024	Yaron Raducanu, DPM, DABFAS	0.50	Brighton I&II
10:30-11:30am	Burnout To Wellness: "Is This You?"	Antonio Ciccone, DO	1.00	Seminole III
11:30- 12:30pm	Keynote: Putting Intelligence to Artificial Intelligence in Medicine	Tarun Kapoor, MD, MBA	1.00	Seminole III
12:30-2:00pm	LUNCH IN EXHIBIT HALL			
TRACK 1				
2:00-3:00pm	The Call to Action: The Need to Reduce Cardiovascular Risk in Patients with Type 2 Diabetes and Atherosclerotic Cardiovascular Disease	Nawras Makhsida, MD	1.00	Seminole III
3:00-4:00pm	Podiatry's Impact in The Diabetic Foot	Yaron Raducanu, DPM	1.00	Seminole III
4:00-4:30pm	Coffee Break			
4:30-5:30pm	Crystal Induced Arthritis	Michael Guma, DO	1.00	Brighton I&II
5:30-6:30pm	Sports Medicine: Shin Splints and Exertional Compartment Syndrome	Richard Braver, DPM	1.00	Seminole III
TRACK 2 - Workshops (Additional Fee)				
2:00-4:00pm	Fundamentals of Point of Care Ultrasound Workshop	Nils Brolis, DO; Kanad Mukherjee, DO; Kate Deiling, RDMS	2:00	Brighton III& IV
3:30-4:00pm	Coffee Break			
4:00-6:00pm	Botox Workshop	Lanna Cheuck, MD	1.50	Brighton III& IV

On Demand Videos	CME Hours
End-of-Life	2



Learning Objectives: Wednesday, April 10, 2024

7:30-8:30am

Yoga: Relieving Stress Through Focused Breathing Techniques
-Peggy Koenitzer, Certified Yoga Instructor

At the conclusion of this activity, participants will be able to:

1. Demonstrate yoga and breathing techniques that are designed to still the mind and become centered and focused.
2. Apply gentle yoga exercises which will aid in relieving stress by stretching the body and releasing tension.

10:00-10:30am

Podiatry in Africa: ODUNA Medical Mission 2024 - Yaron Raducanu, DPM, DABFAS

At the conclusion of this activity, participants will be able to:

1. Recount what ODUNA is.
2. Discuss healthcare in Africa
3. Review case presentations from the mission

10:30-11:30am

Burnout To Wellness: "Is This You?"- Antonio Ciccone, DO

At the conclusion of this activity, participants will be able to:

1. Define what burnout is and how it relates to job dissatisfaction and stress.
2. Describe the effects of physician burnout on the quality of health care.
3. Identify personal and professional lifestyle changes to manage stress.

11:30am-12:30pm

Putting Intelligence to Artificial Intelligence in Medicine
-Tarun Kapoor, MD, MBA

At the conclusion of this activity, participants will be able to:

1. Develop a comprehensive understanding of the current landscape of AI tools in

medicine, including their applications, limitations, and potential impact on healthcare delivery and patient outcomes.

2. Discuss a systematic framework for critically evaluating AI tools in medicine, encompassing considerations such as data quality, algorithm transparency, regulatory compliance, and ethical implications.
3. Apply skills in discerning between reliable and unreliable AI tools in medical practice, enabling participants to make informed decisions regarding the integration and utilization of AI technologies to improve patient care and clinical decision-making processes.

2:00-3:00pm

The Call to Action: The Need to Reduce Cardiovascular Risk in Patients with Type 2 Diabetes and Atherosclerotic Cardiovascular Disease - Nawras Makhsida, MD

At the conclusion of this activity, participants will be able to:

1. Discuss the need to address CV risk in patients with Type 2 diabetes.
2. Recount ASCVD as the most common CVD in patients with Type 2 diabetes.
3. Describe how ASCVD impacts patients with Type 2 diabetes.
4. Review recommendations from major medical societies for patients with Type 2 diabetes and ASCVD, or ASCVD risk factors.
5. Identify the importance of a team-based approach to reduce CV risk in patients with Type 2 diabetes.

3:00-4:00pm

Podiatry's Impact in The Diabetic Foot - Yaron Raducanu, DPM, DABFAS

At the conclusion of this activity, participants will be able to:

1. Identify how podiatry impacts the diabetic foot in the office and in the hospital setting.
2. Describe various wound care techniques used in the hospital and in the office.

4:30-5:30pm

Crystal Induced Arthritis
-Michael Guma, D.O.

At the conclusion of this activity, participants will be able to:

1. Identify the underlying pathophysiology of crystal induced arthritis.
2. Acknowledge the clinical presentations of the various crystal induced disorders.
3. Describe the different treatment options to prevent and treat the various crystal induced disorders.
4. Review the comorbid conditions that occur alongside crystal induced arthritis.

5:30-6:30pm

Sports Medicine: Shin Splints and Exertional Compartment Syndrome - Richard Braver, DPM
At the conclusion of this activity, participants will be able to:

1. Explain what Shin Splints are and how they occur.
2. Discuss what exertional compartment syndrome is and how it happens.
3. Review the signs, symptoms, and treatment for both shin splints and exertional compartment syndrome.



Thursday, April 11

Time	Session Title	Faculty/Speakers	Credits	Location
7:00-8:00am	Yoga Nidra: Guided Meditation	Peggy Koenitzer	1.00	Fort Pierce D
8:00-9:00am	Peripheral Vascular D2, Critical Limb Ischemia	Harit Desai, DO	1.00	Brighton I & II
9:00-10:30am	BREAKFAST IN EXHIBIT HALL			
10:30-11:30am	Preventative Heart Disease	Harit Desai, DO	1.00	Brighton I & II
11:30-12:30pm	The Asymptomatic Pediatric Flat Foot: Identification, Justification and Management	Joseph D’Amico, DPM	1.00	Brighton I & II
12:30-2:00pm	LUNCH IN EXHIBIT HALL			
2:00-3:00pm	Peripheral Arterial Disease and Chronic Limb Threatening Ischemia- Including Case Studies From A Multispecialty Practice	Nicholas Petruzzi, MD	1.00	Brighton I & II
3:00-4:00pm	A Critical Analysis of Studies Refuting the Effectiveness of Orthoses in Children and New Updated Data	Samantha Landau, DPM, MPH	1.00	Brighton I & II
4:00pm	Coffee Break			
Joint Afternoon Sessions Between Podiatric and Osteopathic Medicine				
4:00-4:30pm	The Current Role of Parenteral Antibiotics in the Treatment of Osteomyelitis	Michael Barnish, DO	0.5	Seminole III
4:30-5:00pm	Oral Antibiotics for The Treatment of Osteomyelitis	Warren Joseph, DPM, FIDSA	0.5	Seminole III
5:00-5:45pm	What Every Physician Should Know About PAD	Richard Kovach, MD	.75	Seminole III
5:45-6:30pm	Hyperuricemia- A New Marker for Metabolic Syndrome	John Cozzarelli, DPM, R.Ph	.75	Seminole III
6:45-8:30pm	Presidential Inaugural Event and Annual Meeting	NJPMS Leadership	--	Plum Lounge
8:30-10:00pm	New Physicians in Practice Event	NJPMS Leadership	--	Lobby Bar



Learning Objectives: Thursday, April 11, 2024

7:00-8:00am

Yoga Nidra: Guided Meditation
-Peggy Koenitzer, Certified Yoga Instructor

At the conclusion of this activity, participants will be able to:

1. Practice a deep sense of relaxation through the practice of yoga nidra (guided meditation).
2. Demonstrate yoga nidra to help manage stress relief and stress management.

8:00-9:00am

Peripheral Vascular D2, Critical Limb Ischemia - Harti Desai, DO

At the conclusion of this activity, participants will be able to:

1. Identify the importance of early recognition of critical limb ischemia.
2. Discuss critical limb ischemia's effect on the individual and society.
3. Describe the prevention of critical limb ischemia.

10:30-11:30am

Preventative Heart Disease
-Harti Desai, DO

At the conclusion of this activity, participants will be able to:

1. Discuss the early recognition of cardiovascular disease.
2. Describe steps to improve quality of life in patients with CAD.
3. Identify the management of patients with CAD.

11:30am-12:30pm

The Asymptomatic Pediatric Flat Foot: Identification, Justification, and Management - Joseph D'Amico, DPM

At the conclusion of this activity, participants will be able to:

1. Discuss an overview of the asymptomatic, predominantly developmentally, and phylogenically induced pediatric flat foot.
2. Review its prevalence, etiology, identification, pathomechanics, and clinical significance.

3. Convey in the practitioner an appreciation of the importance of early intervention.
4. Acknowledge rationale, methodology, and justification for its conservative management.

2:00-3:00pm

Peripheral Arterial Disease and Chronic Limb Threatening Ischemia- Including Case Studies From A Multispecialty Practice
-Nicholas Petruzzi, MD

At the conclusion of this activity, participants will be able to:

1. Identify the common signs and symptoms of peripheral arterial disease and when to involve a specialist.
2. Discuss diagnostic testing algorithms and their role in PAD work up.
3. Explain both medical and procedural therapies utilized for PAD and limb salvage.

3:00-4:00pm

A Critical Analysis of Studies Refuting the Effectiveness of Foot Orthoses in Children and New Preliminary Data - Samantha Landau, DPM, MPH

At the conclusion of this activity, participants will be able to:

1. Discuss methodology and design.
2. Describe the absence and significance of long-term studies on this subject.
3. Identify new preliminary data.
4. Explain recommendations and management implications of these studies.

4:00-4:30pm

The Current Role of Parenteral Antibiotics in the Treatment of Osteomyelitis -Michael Barnish, DO

- At the conclusion of this activity, participants will be able to:**
1. Recognize the specific guidelines for the treatment of osteomyelitis are poorly defined and severely lacking.
 2. Describe where the use of parenteral antibiotics may be

preferred over oral options in the treatment of osteomyelitis.

3. Review the newer parenteral options in the treatment of osteomyelitis.

4:30-5:00pm

Oral Antibiotics for The Treatment of Osteomyelitis - Warren Joseph, DPM, FIDSA

At the conclusion of this activity, participants will be able to:

1. Reevaluate the traditional long held notion of the "standard of care" for the treatment of osteomyelitis.
2. Identify that the treatment of osteomyelitis may not necessitate the use of 6 weeks of intravenous antibiotic therapy.
3. Describe the scientific evidence behind the use of oral antibiotics in place of intravenous drugs.

5:00-5:45pm

What Every Physician Should Know About PAD - Richard Kovach, MD

At the conclusion of this activity, participants will be able to:

1. Identify signs and symptoms of PAD.
2. Convey with patients and colleagues about morbidity and mortality associated with PAD.
3. Discuss, understand, and recommend treatment options for PAD and Critical Limb Ischemia.

5:45-6:30pm

Hyperuricemia- A New Marker for Metabolic Syndrome - John Cozzarelli, DPM, R.Ph

At the conclusion of this activity, participants will be able to:

1. Describe the progressive, destructive nature of uric acid.
2. Discuss the biochemical pathway, resulting in systemic dysfunction.
3. Recognize how early diagnosis and early treatment results in better clinical outcomes.



Friday, April 12

Time	Session Title	Faculty/Speakers	Credits	Location
6:45-7:45am	BREAKFAST			
TRACK 1				
7:30-8:30am	U.S. Maternal Mortality Update & Strategies for Primary Care	Daniel Berger, DO	1.00	Seminole III
8:30-9:30am	Pediatric Foot Deformities	Julie Sees, DO, FAAOS,FAOA,FAOAO	1.00	Brighton I&II
9:30-11:30am	CO*RE REMS: Striking a Balance: Understanding Pain Management and Opioids (NJ,PA,NY)	Annette Carron, DO	2.00	Seminole III
11:30am-12:30pm	Keynote: Clear Your Mind of "Can't"... A True Story Behind Achieving Personal and Business Balance & Wellness	John Guiliana, DPM, MS	1.00	Brighton I&II
12:30-2:00pm	LUNCH ON YOUR OWN			
1:30-2:30pm	3D Printed Implants in Foot and Ankle Reconstruction	Brian Winters, MD	1.00	Brighton I&II
2:30-3:30pm	Latest Treatment Paradigms in Skin Grafting Techniques of the Lower Extremities	Robert Floros, DPM	1.00	Brighton I&II
3:30-4:30pm	Ankle Trauma	Andre Pagliaro, MD	1.00	Brighton I&II
4:30-5:30pm	Surgical Offloading of Ulcerations and Amputations	Robin Lenz, DPM	1.00	Brighton I&II
5:30-6:30pm	Demystifying the Legal Issues in Employment Contracts	John Leardi, Esq.	1.00	Brighton I&II



Learning Objectives: Friday, April 12, 2024

7:30-8:30am

U.S. Maternal Mortality Update and Strategies for Primary Care: April 2024 - Daniel Berger, DO
At the conclusion of this activity, participants will be able to:

1. Review issues associated with maternal mortality in the U.S.
2. Discuss possible factors and solutions for the maternal mortality rate in the U.S.
3. Discuss primary care interventions that can make a difference.

8:30-9:30am

Pediatric Foot Deformities - Julie Sees, DO, FAAOS, FAOA, FFAOAO

At the conclusion of this activity, participants will be able to:

1. Convey normal variations of the foot in the pediatric population.
2. Recognize congenital and developmental foot deformities in children.
3. Discuss non-surgical and surgical options for treatment among the most common reasons for healthcare referral regarding pediatric foot deformity.

9:30-11:30am

CO*RE REMS: Striking a Balance: Understanding Pain Management and Opioids - Annette Carron, DO

At the conclusion of this activity, participants will be able to:

1. Describe the pathophysiology of pain as it relates to the concepts of pain management.
2. Accurately assess patients in pain.
3. Develop a safe and effective pain treatment plan.
4. Identify evidence-based non-opioid options for the

treatment of pain.

5. Identify the risks and benefits of opioid therapy.
6. Review how to manage ongoing opioid therapy.
7. Recognize behaviors that may be associated with opioid use disorder.

11:30am-12:30pm

Keynote: Clear Your Mind of "Can't"... A True Story Behind Achieving Personal and Business Balance & Wellness - John Guiliana, DPM, MS

At the conclusion of this activity, participants will be able to:

1. Identify traits of success.
2. Describe strategies that will assist in your achievements.

1:30pm-2:30pm

3D Printed Implants in Foot & Ankle Reconstruction - Brian Winters, MD

At the conclusion of this activity, participants will be able to:

1. Describe the potential issues with traditional treatments for large bone voids in the Foot and Ankle
2. Review the history of 3D printed technology in orthopaedics for foot and ankle.
3. Recount the advantages of 3D printed implants in foot and ankle surgery.
4. Discuss specific applications and outcomes of 3D printed implants in foot and ankle reconstruction.

2:30-3:30pm

Latest Treatment Paradigms in Skin Grafting Techniques of the Lower Extremities - Robert Floros, DPM

At the conclusion of this activity, participants will be able to:

1. Discuss when skin grafting is

needed and the different types.

2. Identify the treatments in skin grafting.
3. Describe the development in skin grafting.

3:30-4:30pm

Ankle Trauma

-Andre Pagliaro, MD

At the conclusion of this activity, participants will be able to:

1. Discuss different types of treatment for various ankle injuries.
2. Identify contributing factors for ankle trauma.
3. Review evidence-based ankle injury prevention.

4:30-5:30pm

Surgical Offloading of Ulcerations and Amputations - Robin Lenz, DPM

At the conclusion of this activity, participants will be able to:

1. Describe common biomechanical etiologies of ulcerations.
2. Identify surgical procedures to offload ulcerations.
3. Discuss how to anticipate future ulcerations based on each amputation level.

5:30-6:30pm

Demystifying the Legal Issues in Employment Contracts - John Leardi, Esq.

At the conclusion of this activity, participants will be able to:

1. Explain some of the legal issues that can be found in employment contracts.
2. Identify the different statutes that affect the employee/ employer relationship.
3. Discuss legal remedies available to an employee.



Saturday, April 13

Time	Session Title	Faculty/Speakers	Credits	Location
6:30-7:30am	BREAKFAST			
7:30-9:30am	Medical Errors	Alan Carr, DO	2.00 A P F	Seminole III
9:30am-10:30pm	Florida Law	Alan Carr, DO	1.00 A P F	Seminole III
10:30	REFRESHMENT BREAK			
10:30-11:30am	New HIPAA Regulations	Vincent Buttaci, Esq.	1.00 A P F	Seminole III
11:30-12:30pm	Human Trafficking	Vincent Buttaci, Esq.	1.00 A P F	Seminole III

Learning Objectives: Saturday, April 13, 2024

7:30-9:30am

Medical Errors

-Alan Carr, DO

At the conclusion of this activity, participants will be able to:

1. Recognize how common medical errors affect patient safety.
2. Recall the root cause analysis and its role in preventing medical errors.
3. Identify means of error reduction and prevention.

9:30-10:30am

Florida Law

-Alan Carr, DO

At the conclusion of this activity, participants will be able to:

1. Recognize the CME requirements for continued Florida licensure.
2. Recall the necessary office signage that must be posted.
3. Discuss the laws pending/approved/disapproved governing the practice of medicine in Florida.

10:30-11:30am

HIPAA Regulations

-Vincent Buttaci, Esq.

At the conclusion of this activity, participants will be able to:

1. Recall HIPAA Privacy and Security requirements directing your medical practice.
2. Formulate the training of all staff members to become certified HIPAA Privacy Officers.
3. Recognize the best practices for HIPAA compliance in your office to circumvent a breach of protected health information.

11:30am-12:30pm

Human Trafficking

-Vincent Buttaci, Esq.

At the conclusion of this activity, participants will be able to:

1. Recognize the extent of the human trafficking problem in the United States.
2. Recall strategic approaches practitioners can implement to recognize the victims of human trafficking and provide resources to protect them.
3. Formulate an all-around approach to help the prevention of human trafficking.

Thursday, April 11

Time	Session Title	Faculty/Speakers	Location
8:00am	Registration and Breakfast	--	Hollywood East
8:30-9:30am	Residency Program Presentation	David Kountz, MD, MBA, MACP	Hollywood East
9:30-10:30am	Exhibit Floor Residency Program	--	Hollywood East
10:30am-12:30pm	OMM Workshop	Jonathan Torres, DO; Dan DeFeo, DO; Antonios Tsompanidis, DO; Richard Tancer, DO; Steven Rubin, DO; Alex King, DO and Leonard Powell, DO	Hollywood East

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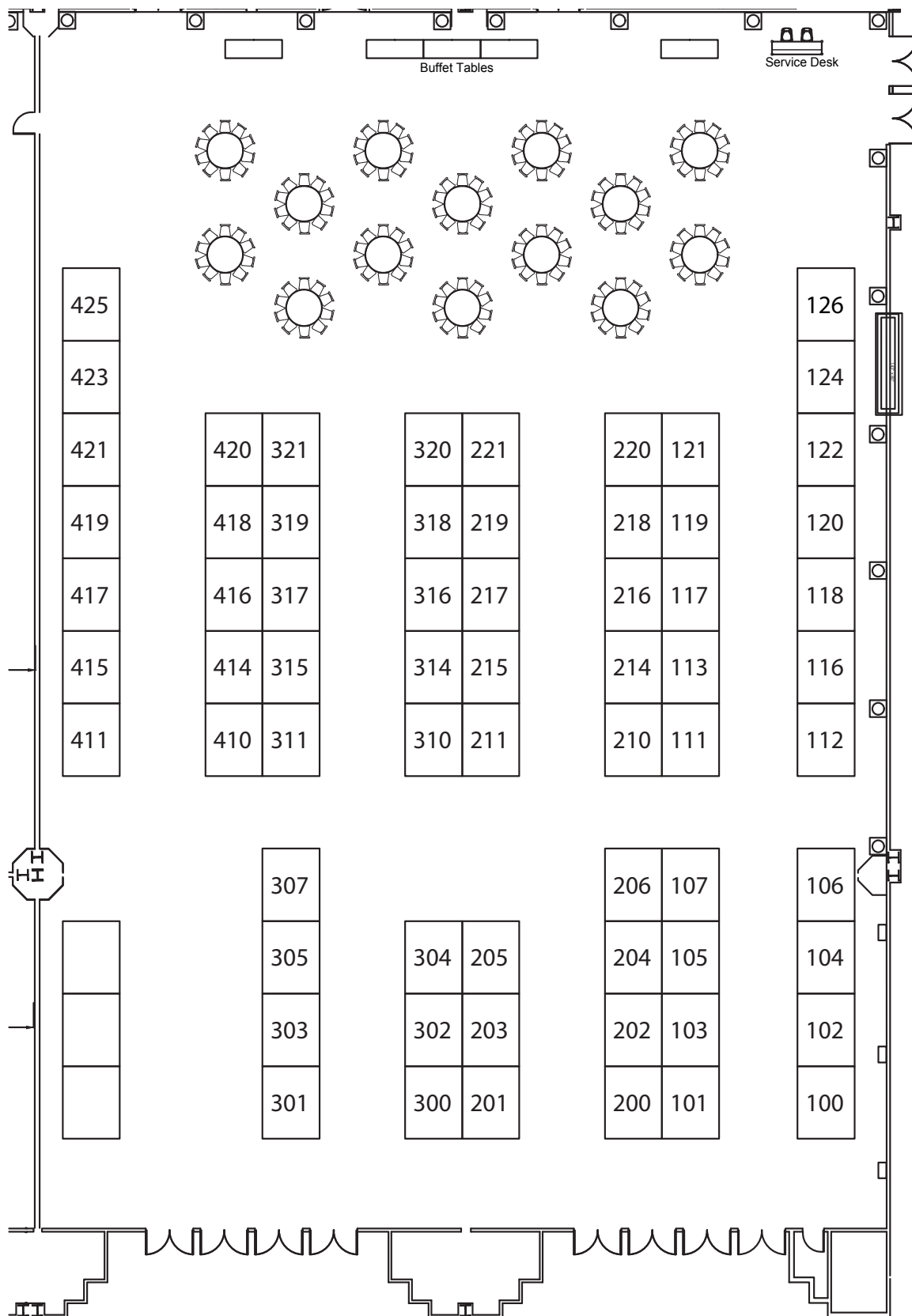
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2024 RAFFLES

Winners for each prize will be drawn by the offering organization and winners will be notified by a representative of the organization.

- **NJAOPS:** Two AROC 2025 Registrations (two winners, one each). To enter for a chance to win, please complete exhibit card with signatures from all exhibitors. Enter drawing by returning filled out attendee cards to the Registration Desk.
- **Bancroft Neuro Rehab:** Amazon Echo Show 8.
- **Bako:** Amazon Fire Stick.
- **Podiatry Content Connection:** Amazon Echo Show 5" (Listed at \$89).
- **Consensus Health:** baseball themed basket including two Phillies tickets.
- **Cooper:** Gift Basket
- **Optum:** \$100 amazon gift card.
- **XYMOGEN:** (3 Items)
 - Gift 1: Foundational Support value \$206
 - Gift 2: Gut Health- value \$128
 - Gift 3: 6 Day Detox program value \$170
- **Card Choice:** \$50.00 Amazon card

EXHIBIT HALL FLOOR PLAN



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The New York Institute of Technology College of Osteopathic Medicine is a private osteopathic medical school with campuses in Old Westbury, New York, and Jonesboro, Arkansas.

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Ilise Levitt
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Pfizer Vaccines

Booth: 102
Kristi Ominsky
Vaccines Account Manager
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kristina.m.ominisky@pfizer.com

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Matthew Dodge, Area Sales Manager
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Booths: 201 and 203
Alanna Gutchigian
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gutchigian@rowan.edu
som.rowan.edu

Rowan-Virtua School of Osteopathic Medicine is dedicated to providing excellence in both undergraduate and graduate medical education, research and health care for New Jersey and the nation.

Seabrook

Booth: 101
Sean Kolins
Clinical Outreach Coordinator
P: 609-501-8996
Sean.Kolins@seabrook.org
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Seabrook offers all levels of inpatient and outpatient care treating clients and their families with substance use and co-occurring disorders. We have 4 NJ locations in Bridgeton, Cherry Hill, Shrewsbury, and Morristown. We are In-Network with all commercial insurances and partner with the Veterans Administration to treat Veterans. For additional info, please visit Seabrook.org or call 856-455-7575

The Recovery Village Cherry Hill at Cooper

Booth: 321
Donald Rogers, Director
Cherry Hill
P: 908-528-6042
drogers@advancedrecovery.com
southjerseyrecovery.com/why-us

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**Rana Ali, MD**

Rana Ali, MD, is speaking on "Obstructive Sleep Apnea Surgery Update". She earned her medical degree from Gandhi Medical College, Secunderabad. Dr. Ali did her residency in internal medicine and her fellowship in internal medicine and pulmonary disease at Brooklyn Hospital Center Internal Medicine. She is board certified in pulmonary disease and sleep medicine. Dr. Ali currently works at Shore Pulmonary.

**James F. Baird IV, DO**

James F. Baird IV, DO, is speaking on "When Primary Care and Emergency Care Clash!" He earned his medical degree at the Philadelphia College of Osteopathic Medicine (PCOM). Dr. Baird completed Fellowship training at the Health Executive Leadership Academy (FHELA) through Seton Hall University in June 2019, and the Training in Health Policy Studies Program (TIPS) at the New York Institute of Technology in June 2014. He is the Chair of Emergency Medicine and EM Clerkship Director at Rowan-Virtua School of Osteopathic Medicine (RVSOM). He is also the current Founding Emergency Medicine Residency Program Director and a practicing Emergency Medicine Physician at Inspira Health - Mullica Hill. He has earned the designation of Associate Professor of Emergency Medicine RVSOM. Dr. Baird is also the Medical Director of Education for Gloucester County EMS EMT Training Academy, and Medical Director of MAT Services at My Friends House Recovery Center.

**Michael Barnish, DO**

Michael Barnish, DO, is speaking on "The Current Role of Parenteral Antibiotics in the Treatment of

Osteomyelitis". He earned his medical degree from Chicago College of Osteopathic Medicine (now Midwestern University). Dr. Barnish completed his residency and internship in internal medicine at UMDNJ-SOM (now V-RSOM). He is board certified in internal medicine and infectious diseases. Dr. Barnish currently works at Virtua-Rowan School of Osteopathic Medicine in Stratford, NJ.

**Donald Barone, DO**

Donald Barone, DO, is speaking on "Multiple Sclerosis: Then and Now." He earned his medical degree Pennsylvania College of Medicine (PCOM). Dr. Barone completed his residency at the University of Vermont, in Neurology and completed fellowship training at Columbia University Neurologic Institute of New York. Dr. Barone is board certified in Neurology and Electrodiagnostic Medicine. He currently works for Cooper Health, Cooper Neurologic Institute, and Cooper Medical School.

**Daniel Berger, DO**

Daniel Berger, DO, is speaking on "U.S. Maternal Mortality Update & Strategies for Primary Care". He earned his medical degree at UMDNJ-SOM. Dr. Berger completed his residency at the University of Florida OB/GYN Residency at Sacred Heart Hospital. He completed his internship at Kennedy Memorial Hospital. Dr. Berger is board certified in Obstetrics/ Gynecology. He is the Medical Director for Obstetrics and Gynecology at Capital Health Medical Center.

**Thomas Brandeisky, DO**

Thomas Brandeisky, DO, is speaking on "Obstructive Sleep Apnea Surgery Update". He earned his

medical degree from Rutgers New Jersey Medical School. Dr. Brandeisky completed his residency in otolaryngology at Kennedy University Hospital- UMC Cherry Hill GME. He also completed his internship in otolaryngology at Kennedy Memorial Hospital- University Medical Center. Dr. Brandeisky is board certified in Otolaryngology and Otolaryngology/Facial Plastic Surgery. HE currently works for Hackensack Meridian Health.



Nils Brolis, DO

Nils Brolis, DO is doing a workshop on "Fundamentals of Point of Care Ultrasound Workshop". He earned his medical degree at UMDNJ-SOM. Dr. Brolis completed his residency and internship in family medicine at RowanSOM/Kennedy Hospital/Our Lady of Lourdes Hospital. He is board certified in Family Medicine and OMT. Dr. Brolis currently works for Rowan-Virtua SOM.



Vincent Buttaci, Esq

Vincent Buttaci, Esq, is speaking on "HIPAA Regulations" and "Human Trafficking". Mr. Buttaci received his law degree from The Ohio State University Moritz College of Law. He founded Buttaci & Associates, LLC in October 2004. Mr. Buttaci currently practices law at Buttaci Leardi & Werner.



Alan Carr, DO

Alan Carr, DO is speaking on "Medical Errors" and "Florida Law". He earned his medical degree at the University of Osteopathic Medicine and Health Sciences at the College of Osteopathic Medicine and Surgery. Dr. Carr completed his residency in anesthesia at the University of

Medicine and Dentistry NJ. He completed another residency in obstetrical anesthesia and pain management at the Albert Einstein Medical Center. He is board certified in anesthesiology with the AOA Board of Anesthesiology.



Annette Carron, DO

Annette Carron, DO, is speaking on "CO*RE REMS: Striking a Balance: Understanding Pain Management and Opioids". She earned her medical degree from A.T. Still University/Kirksville College of Osteopathic Medicine. Dr. Carron completed her residency and internship in internal medicine at Beaumont Hospital- Farmington Hills. She completed fellowships in Geriatric Medicine at Beaumont Hospital- Royal Oak and George Washington University- School of Medicine. Dr. Carron is board certified in Geriatric Medicine, Hospice and Palliative Medicine, and Internal Medicine. She works at Henry Ford Macomb Hospital as an attending physician in the department of Geriatrics and Palliative Care. Dr. Carron is also Assistant Clinical Professor of Internal Medicine at Michigan State University College of Osteopathic Medicine and serves as current president of the American College of Osteopathic Internists.



Gin Den Chang, DO

Gin Den Chang, DO is speaking on "Hypertension Management". He earned his medical degree at the New York Institute of Technology College of Osteopathic Medicine. Dr. Chang completed his residency at Northwell Lenox Hill Hospital. He is currently completing his Cardiology Fellowship at Deborah Heart and Lung.



Lanna Cheuck, DO, FACS

Lanna Cheuck, DO, FACS is doing a "Botox workshop". She earned her medical degree at New York Institute of Technology College of Osteopathic Medicine. Dr. Cheuck completed her internship in surgery at UMASS Memorial Medical Center Memorial Campus. She completed her residency in Urology at Brown University Hospital and completed her fellowship in urology at Montefiore Medical Center- Albert Einstein. Dr. Cheuck is board certified in Urologic Surgery. She currently owns and works at Dr. Lanna Aesthetics.



Antonio Ciccone, DO

Antonio Ciccone, DO will be speaking on "Burnout to Wellness: 'Is This You?'". He earned his medical degree at Rowan University School of Osteopathic Medicine. He completed his residency in Emergency Medicine at Atlantic Health System/Morristown Medical Center. Dr. Ciccone is board certified in Emergency Medicine with the American Board of Emergency Medicine, board certified in Family Medicine with the American Board of Family Medicine and board certified in Family Practice and OMM with the AOA Board of Family Physicians. He is currently the Medical Director at Medical Essential Diagnostics.



Aly Cohen, MD

Aly Cohen, MD will be speaking on "Environmental Toxins & Autoimmune Disease". She earned her medical degree at MCP/Hahnemann School of Medicine. Dr. Cohen completed her residency at Beth Israel Medical Center-NYC. Dr. Cohen completed her internship in Internal Medicine and her fellowship in Rheumatology

and Immune Disorders at Montegrove/ Albert Einstein Hospital in the Bronx, NY. She is triple board certified in internal medicine, rheumatology, and integrative medicine. Dr. Cohen currently works at Integrative Rheumatology Associates in Princeton, NJ, is faculty and creator of Environmental Medicine curriculum for physicians at Academy of Integrative Health and Medicine (AIHM) and the University of California- Irvine integrative medicine fellowship program for physicians.



John Cozzarelli, DPM, R.Ph

John Cozzarelli, DPM, R.Ph, is speaking on "Hyperuricemia- A New Marker for Metabolic Syndrome." He earned his medical degree from New York College of Podiatric Medicine. Dr. Cozzarelli completed his residency at New York College of Podiatric Medicine and Affiliated Hospitals. He is a diplomate of the American Board of Foot and Ankle surgery, fellow of the American college of foot and ankle surgeons and fellow of the Association of Extremity Nerve Surgeons. He currently works at Podiatric Associates of Belleville, P.C. and lectures at conference across the US and Canada.



Shabbar Danish, MD

Shabbar Danish, MD will be speaking on "MRI Guided Laser Interstitial Therapy for Intracranial Pathologies: Our 15 Year Path". He earned his medical degree at Robert Wood Johnson Medical School. Dr. Danish completed his residency in Neurosurgery at University of Pennsylvania Medical Center. He also completed a fellowship at University Medical Center at Princeton. Dr. Danish is board certified in Neurological Surgery. Dr. Danish currently works for Hackensack Meridian Health

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and is the chair of Neurosurgery at the Hackensack Meridian Neuroscience Institute at Jersey Shore University Medical Center.



Daniel De Feo, DO

Daniel De Feo, DO is one of the leaders for the OMM workshop. He earned his medical degree from New York College of Osteopathic Medicine. Dr. De Feo completed dual residency in Family Medicine/OMT and emergency medicine at Midwestern University/St. James Hospital. He is board certified in family practice and OMM with the AOA Board of Family Physicians and certified in emergency medicine with the AOA Board of Emergency Medicine. Dr. De Feo current owns his own practice.



Gregory Domer, MD

Gregory Domer, MD is speaking on "The Measure of Risk: Surveillance Thresholds for AAA and What Primary Care Physicians Need to Know About Carotid Disease." He earned his medical degree at St. George's University School of Medicine. Dr. Domer completed his residency and internship at St. Luke's Roosevelt NYC now Mt. Sinai in General Surgery. He is certified in Vascular Surgery by the American Board of Surgery. Dr. Domer currently works at Deborah Hospital.



Michael Driscoll V, DO

Michael Driscoll V, DO is speaking on "Sleep Apnea: Everything You Wanted to Know But Were Too Tired to Learn." He earned his medical degree from UMDNJ-SOM. Dr. Driscoll completed his residency and internship in internal medicine at

UMDNJ-SOM. He is board certified in internal medicine, pulmonary medicine, critical care medicine, and sleep medicine. Dr. Driscoll currently works at Virtua Pulmonology & Sleep Medicine in Marlton, NJ.



Philip Getson, DO

Philip Getson, DO is speaking on "Complex Regional Pain Syndrome- From Thermography to Ketamine". He earned his medical degree from Philadelphia College of Osteopathic Medicine. Dr. Getson completed an internship as a general intern at Metropolitan Hospital in Philadelphia. He currently works in private practice.



Michael Guma, DO

Michael Guma, DO is speaking on "Appropriate Lab Testing in a Patient with Suspected Rheumatic Disorder". He earned his medical degree at Arizona School of Health Sciences. Dr. Guma completed his internship and residency in internal medicine at Saint Michaels Medical Center. He completed a fellowship in Rheumatology at Saint Michael Medicial Center as well. Dr. Guma is board certified in Rheumatology and Internal Medicine. He is currently the Director of Rheumatology for Optum.



Bryan Hozack, MD

Bryan Hozack, MD is speaking on "Updates in Hand Surgery". He earned his medical degree from Sidney Kimmel Medical College at Thomas Jefferson University. Dr. Hozack completed his residency in orthopaedics at Thomas Jefferson University. He is board certified in general

orthopaedics. Dr. Hozack currently works at Rothman Orthopaedics.



Daniel Ice, MD

Daniel Ice, MD is speaking on “Renal Denervation for Uncontrolled Hypertension: Innovative Technology Update”. He earned his medical degree at the University of Louisville School of Medicine. Dr. Ice completed his residency in internal medicine at Indiana University School of Medicine. He also completed fellowship training in both cardiology and interventional cardiology at Lankenau Medical Center. Dr. Ice is board certified in cardiovascular disease, interventional cardiology, nuclear cardiology, adult echocardiography, and vascular medicine. He currently is an interventional cardiologist at Deborah Heart and Lung Center.



Warren Joseph, DPM, FIDSA

Warren Joseph, DPM, FIDSA is speaking on “Oral Antibiotics for The Treatment of Osteomyelitis”. He earned his medical degree from WM Scholl College of Podiatric Medicine. Dr. Joseph completed his residency at St. Joseph Hospital and completed a fellowship in infectious disease at Hahnemann University Hospital. He is board certified by the American Board of Podiatric Medicine. Dr. Joseph is currently an adjunct clinical professor at Arizona College of Podiatric Medicine, Midwestern University.



Tarun Kapoor, MD, MBA

Tarun Kapoor, MD, MBA, is speaking on “Putting Intelligence to Artificial Intelligence in Medicine”. He earned his medical degree at UMDNJ- Robert Wood Johnson Medical School (now Rutgers). Dr.

Kapoor completed his internship and residency in internal medicine at The George Washington University Hospital. He is board certified in Internal Medicine. Dr. Kapoor is currently the SVP and Chief Digital Transformation Officer at Virtua Health Systems.



Pedram Kazemian, MD

Pedram Kazemian, MD is speaking on “Arrhythmias in Athletes”. He earned his medical degree and completed his residency in internal medicine at the University of Toronto. After residency, Dr. Kazemian completed both a fellowship in cardiology and a fellowship in clinical cardiac electrophysiology at the University of Alberta. He completed additional fellowships in clinical cardiac electrophysiology at Brigham and Women’s Hospital, Harvard University and in advanced clinical cardiac electrophysiology at St. Elizabeth’s Medical Center, Tufts University. Dr. Kazemian is board certified in both cardiovascular disease and clinical cardiac electrophysiology. He is currently a cardiac electrophysiologist at Deborah Heart and Lung Center.



Alexander King, DO

Alexander King, DO is one of the leaders for the OMM Workshop. He earned his medical degree from Philadelphia College of Osteopathic Medicine. He also completed an internship at Philadelphia College of Osteopathic Medicine and his residency in neuromusculoskeletal medicine at Philadelphia College of Osteopathic Medicine. Dr. King is the Medical Site Director at Rowan-Virtua SOM NMI (Sewell), Assistant Professor of Osteopathic Manipulative Medicine, Director of Osteopathic Recognition, and Component

Director OCS2 OMM.



Margaret "Peggy" Koenitzer

Margaret "Peggy" Koenitzer will be doing Yoga: Relieving Stress Through Focused Breathing

Techniques and Yoga Nidra: Guided Meditation. Peggy has been practicing Yoga for over 18 years, and she has been teaching for the past 16 years. She studied and received her Yoga Teacher Certification through Our Lady of Lourdes Wholistic Institution in Collingswood, New Jersey. The training was primarily Kripalu style, which focuses on the body and breath awareness, focusing inward and being fully present in your body and mind. Peggy brings her love for yoga to her students and encourages everyone to relax, turn inward, be aware and stay in the present moment.



Cynthia Kos, DO

Cynthia Kos, DO, is speaking on "Heart Failure: Strategies to Reduce Reemissions, MEM's Device, and

Pulmonary HTN" and "Young Athletes and Cardiac Disease". Dr. Kos earned her medical degree at the Philadelphia College of Osteopathic Medicine. After medical school, she completed a residency in internal medicine at Larkin Community Hospital in Miami, FL. She went on to complete fellowships in cardiology and advanced heart failure and transplant cardiology at Deborah Heart and Lung Center in Browns Mills, NJ. Dr. Kos is board certified in Internal Medicine. She currently practices at Deborah Heart and Lung Center.



Richard Kovach, MD

Richard Kovach, MD is speaking on "What Every Physician Should Know About PAD". He earned his medical

degree at Thomas Jefferson University. Dr. Kovach completed his residency in internal medicine and fellowship training in both cardiology and clinical invasive cardiology at Thomas Jefferson University Hospital. He is board certified in both cardiovascular disease and interventional cardiology. Dr. Kovach is currently an interventional cardiologist at Deborah Heart and Lung Center.



Jonathan Krathen, DO

Jonathan Krathen, DO is speaking on "Wearable Consumer Cardiac

Rhythm Monitoring". He earned his

medical degree from Touro College of Osteopathic Medicine. Dr. Krathen completed his residency in internal medicine at Seton Hall University- St. Francis Medical Center. He completed a fellowship in cardiology at Deborah Heart and Lung Center and in clinical cardiac electrophysiology at Cooper University Hospital. Dr. Krathen is board certified in cardiovascular disease, clinical cardiac electrophysiology, and nuclear cardiology. He currently works for Deborah Heart and Lung Center.



Stephen Lewis, MD

Stephen Lewis, MD is speaking on "The Future of Healthy Aging- Digital Frailty Prevention at Home". He earned his

medical degree from Drexel University College of Medicine. Dr. Lewis completed his internship at Northwestern and his residency at the Shirley Ryan Ability Lab of Northwestern University's Feinberg School of Medicine. He is board certified in physical medicine and rehabilitation. Dr. Lewis is a clinical assistant professor, volunteer faculty, at Virtua Health College of Medicine and Chief Psychiatry Officer at Psychiatry Pharmacy Collaborative.

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**Nawras Makhsida, MD**

Nawras Makhsida, MD is speaking on "The Call to Action: The Need to Reduce Cardiovascular Risk in Patients with Type 2 Diabetes and Atherosclerotic Cardiovascular Disease". He earned his medical degree from Damascus University, Syria. Dr. Makhsida completed both his internship and residency at St. Louis University Hospital. He is board certified in endocrinology, diabetes, and metabolism. Dr. Makhsida currently works at St. Clare's Denville and Dover Hospitals and has a clinic in Randolph, NJ.

**Hannah Park, MD**

Hannah Park, MD is speaking on "A clinical Review of Current Updates and Topics in Outpatient Evidence-Based Headache Medicine for Primary Care". She earned her medical degree from Warren Alpert Medical School of Brown University. Dr. Park completed her internship in medicine and her residency is neurology at New York University Grossman School of Medicine. She is board certified in headache medicine and neurology. Dr. Park currently works at Virtua Health-Virtua Neurosciences.

**Sanket Patel, DO**

Sanket Patel, DO is speaking on "Inflammatory Bowel Disease: Insights for Primary Care Practice". He earned his medical degree from Lake Erie College of Osteopathic Medicine. Dr. Patel completed his internship and residency in internal medicine at Cooper University Healthcare. He also completed his fellowships at University of Connecticut Health and Cedars-Sinai Medical Center for advanced inflammatory bowel disease. He is board certified in Internal

Medicine and Gastroenterology. Dr. Patel currently works at Virtua Health/Virtua Crohn's and Colitis Center in Moorestown. He is also assistant clinical professor at Rowan-Virtua School of Osteopathic Medicine.

**Zachary Post, MD**

Zachary Post, MD is speaking on "Outpatient Joint Replacement: The Future is Now". He earned his medical degree from Saint Louis University School of Medicine. Dr. Post completed his residency in orthopaedic surgery at the University of Missouri, Kansas City. He also completed a fellowship in Hip and Knee Arthroplasty at Thomas Jefferson University Hospital. Dr. Post is board certified in orthopaedic surgery. He currently works at Rothman Orthopaedics.

**Leonard Powell, DO**

Leonard Powell, DO, FACOPF, FNAOME, CMD is speaking on "How to Maintain Cognitive Performance for Older Adults". He earned his medical degree from UMDNJ-SOM (now Rowan-Virtua School of Osteopathic Medicine). Dr. Powell also completed his internship and residency at UMDNJ-SOM (now Rowan-Virtua School of Osteopathic Medicine). He is board certified in family medicine/OMT and geriatric medicine. Dr. Powell currently works as associate professor at Rowan-Virtua School of Osteopathic Medicine.

**Yaron Raducanu, DPM, DABFAS,**

Yaron Raducanu, DPM, DABFAS, is speaking on "Podiatry's Impact in The Diabetic Foot". He earned his medical degree from Temple University. Dr. Raducanu did an internship at Eastern Virginia



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Medical School in Primary Podiatric Medicine. He completed his residency at Gulf Coast in Podiatric Surgery. Dr. Raducanu is board certified by the American Board of Foot and Ankle Surgery. He currently works at Foot and Ankle Center of South Jersey.

Alexandra Ranieri-Deniken, PsyD



Alexandra Ranieri-Deniken, DO is speaking on "Kids and Social Media: Risks, Benefits, and Recommendations". She earned her graduate (Psy.D) degree from Philadelphia College of Osteopathic Medicine. She completed her graduate internship at Wordsworth in child psychology. Dr. Ranieri-Deniken completed her practicum at the Center for Brief Therapy and her post-doc fellowship at SPIN, Inc in child psychology. She currently works at Rowan-Virtua School of Osteopathic Medicine, Department of Psychiatry.



Muhammad Raza, MD

Muhammad Raza, MD is speaking on "Mitral and Tricuspid Valve Disease: Past, Present, and Future". He completed a residency in internal medicine at Drexel University College of Medicine. He also completed a fellowship in cardiology and interventional cardiology at Drexel University College of Medicine. He is board certified in cardiovascular disease and interventional cardiology. Dr. Raza currently works at Deborah Heart and Lung Center.



Steven Rubin, DO

Steven Rubin, DO is one of the leaders for the OMM workshop. He earned his medical degree from A.T. Still University Kirksville College of Osteopathic Medicine. Dr. Rubin completed his residency at

Kennedy Mem Hospital at Saddle Brook. He is board certified in family practice and OMM with the AOA Board of Family Physicians.



Julieanne Sees, DO

Julieanne Sees, DO, FAAOS, FAOA, FAOAO is speaking on "Advancing Holistic Care for Traumatic Brain Injury: A Roadmap". She earned her medical degree from Midwestern University Chicago College of Osteopathic Medicine. Dr. Sees completed both her internship in Osteopathic Medicine and her residency in Osteopathic Medicine and Orthopaedic Surgery at University of Medicine and Dentistry of NJ School of Osteopathic Medicine. She is board certified by the American Osteopathic Board of Orthopedic Surgery. Dr. Sees currently works at CVS Health, practices at Northeast, and teaches at Saint Joseph's University Haub School of Business.



Scott Siegal, DO

Scott Siegal, DO, is speaking on "Common Cardiac Tests and Correct Coding" and "ECG Review 2024-Things I don't Really Want to Miss". He earned his medical degree from Kansas City University of Medicine and Biosciences. Dr. Siegal completed his internship at Riverside Osteopathic Hospital and his residency at Riverside Osteopathic Hospital/Consortium for Osteopathic Graduate Education and Training. He is board certified in cardiology, internal medicine, nuclear cardiology, and echocardiography. Dr. Siegal currently works at S.L. Siegal Consulting LLC, Executive Electrocardiogram Education, Evicore Healthcare, and a clinical assistant professor at Rowan University, School of Osteopathic Medicine.

C O N G R A T U L A T I O N S

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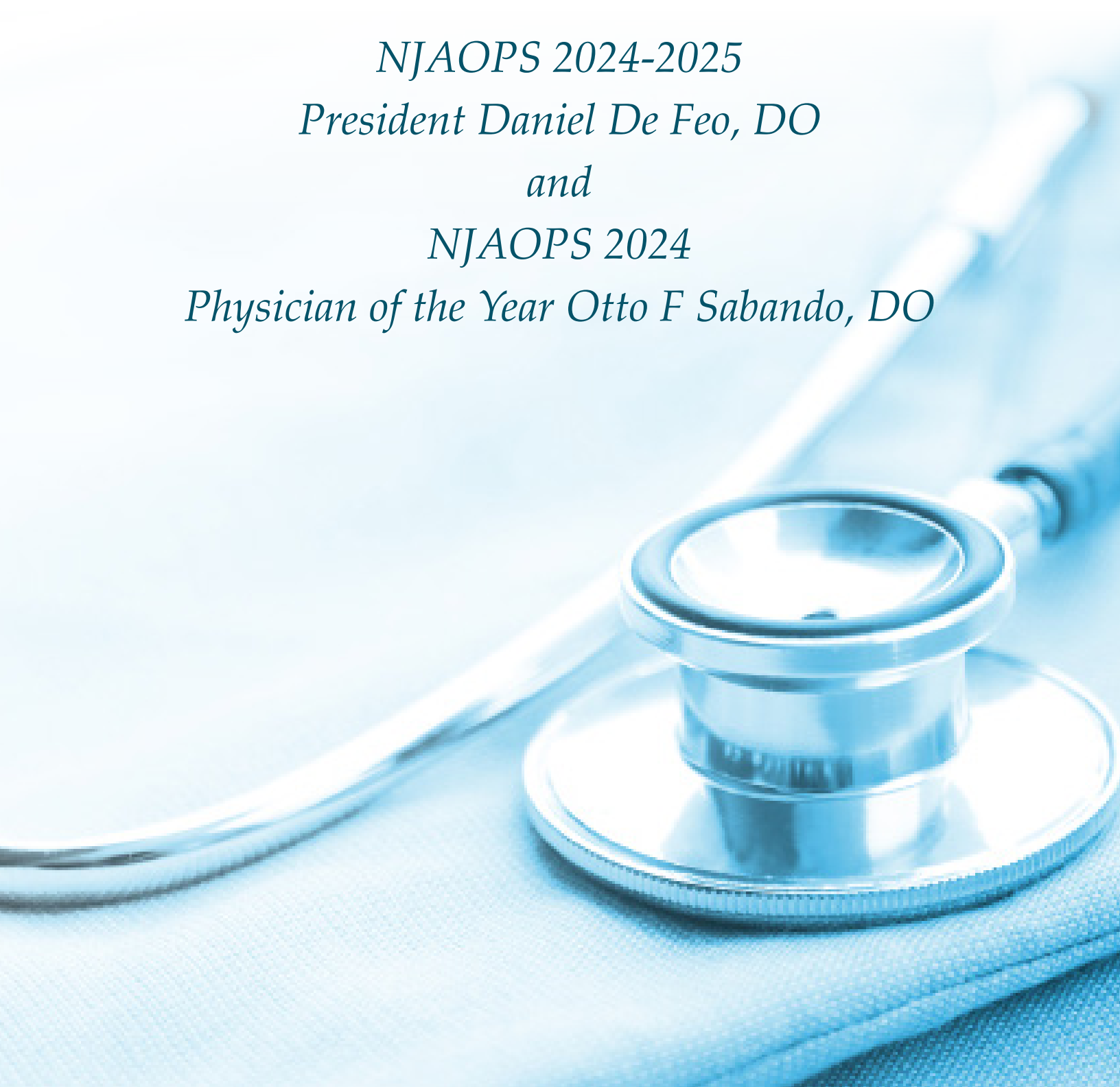
NJAOPS 2024-2025

President Daniel De Feo, DO

and

NJAOPS 2024

Physician of the Year Otto F Sabando, DO





Justine Spisak-Mosher DO

Justine Spisak-Mosher DO, is speaking on "Where Are We? The Evolving Landscape of Alzheimer's Diagnosis and Treatment". She earned her medical degree from Philadelphia College of Osteopathic Medicine. Dr. Spisak-Mosher completed her internship in internal medicine and her residency in neurology at University of Connecticut. She is board certified by ABPN. Dr. Spisak-Mosher currently works at Virtua Neuroscience.



Madhu Suryadevara, MD

Madhu Suryadevara, MD is speaking on "The History and Evolution of HIV/AIDS & ART Treatments". He earned his medical degree from AUA College of Medicine. Dr. Suryadevara completed his internship in internal medicine at Louisiana State University- University Medical Center and his residency in internal medicine at Louisiana State University-University Hospitals & Clinics, Lafayette General Medical Center. He is board certified in internal medicine and infectious disease. Dr. Suryadevara currently works at RWJBH-Newark Beth Israel Medical Center as Program Director- Infectious Disease Fellowship and Rutgers-Newark Beth Israel as Medical Director- HIV Clinics.



Richard Tancer, DO

Richard Tancer, DO is one of the leaders for the OMM workshop. He earned his medical degree from the Philadelphia School of Osteopathic Medicine. Dr. Tancer completed his residency at Kennedy Memorial Hospital. He is board certified in family medicine.



Jonathan Torres, DO

Jonathan Torres, DO is one of the leaders for the OMM workshop and will be speaking on "A Mechanical Consideration of the Foot and Ankle and the Treatment with Osteopathic Manipulation." He earned his medical degree from RowanSOM. Dr. Torres completed his residency and a fellowship in OMM and Osteopathic Neuromusculoskeletal Medicine at RowanSOM. He is board certified in family medicine with the American Osteopathic Board of Family Practice. Dr. Torres is currently the Division Chief in Osteopathic Neuromuscular Medicine, Residency Program Director for Osteopathic Neuro-Musculoskeletal Medicine, Director of Osteopathic Education-AHS, Attending Physician MMC, Clinical associate professor at Rowan University School of Osteopathic Medicine, and clinical assistant professor at Sidney Kimmel Medical College at Jefferson University.



Antonios Tsompanidis, DO

Antonios Tsompanidis, DO is one of the leaders for the OMM workshop. He earned his medical degree from UMDNJ-School of Osteopathic Medicine. Dr. Tsompanidis completed his residency at UMDNJ-SOM. He is board certified in family medicine and OMM. He is the Chief Academic Officer and Director of Medical Education for the CarePoint Health System at Christ Hospital in Jersey City as well as Bayonne Medical Center in Bayonne. He is also the Program Director for the Family Medicine Residency at Christ Hospital. He is a Clinical Instructor of Family Medicine with RowanSOM and teaches medical students and residents as well as lecturing at local and national conferences.

The Bergen-Passaic Osteopathic Medical Society

warmly congratulates

**NJAOPS 2024-2025 President
Daniel De Feo, DO**

and

**NJAOPS 2024 Physician of the Year
Otto F Sabando, DO**

**Your leadership to the
osteopathic medical
community is sincerely
appreciated!**

**Barrett Woods, MD**

Barrett Woods, MD is speaking on "Advances in Spine Surgery". He earned his medical degree from the University of Pittsburgh, School of Medicine. Dr. Woods completed an internship in general surgery and his residency at University of Pittsburgh. He is board certified ABOS. Dr. Woods currently works at Rothman Orthopaedics.

**Wei Xu, MD**

Wei Xu, MD is speaking on "The Challenge of Management of Post Stroke Pain". He received his medical degree from Second Military Medical University, Shanghai, China. Dr. Xu completed his internship at the China Rehabilitation Research Center and his residency at the Department of Physical Medicine and Rehabilitation, Changhai Hospital. He is board certified by the American Board of Physical Medicine and Rehabilitation. Dr. Xu is currently working at Rothman Orthopaedics.

Tri-County Osteopathic Society

Tri-County Osteopathic Association is
privileged to congratulate:

**NJAOPS 2024-2025 President
Daniel De Feo, DO**

and

**NJAOPS 2024 Physician of the Year
Otto F Sabando, DO**

You are both leaders, who show
passion for our osteopathic profession
and
promote the mentoring of the
physicians of our future.

We are proud to acknowledge you for
these NJAOPS honors.

Congratulations!



Richard Braver, DPM

Richard Braver, DPM is speaking on "Sports Medicine: Shin Splints and Exertional Compartment Syndrome".

He earned his medical degree from Wm. M. Scholl College of Podiatric Medicine. Dr. Braver completed internships with the New York City Ballet at Lincoln Center and United States Olympic Committee Training Center. He completed his residency at New York College of Podiatric Medicine, Affiliated Hospitals and Institutions. Dr. Braver also did a fellowship in sports medicine. He's board certified in Foot Surgery, Reconstructive rearfoot/ankle surgery, Podiatric Medicine and Orthopedics. He currently works at Active Foot and Ankle Care, LLC.



Annette Carron, DO

Annette Carron, DO, is speaking on "CO*RE REMS: Striking a Balance: Understanding Pain Management and Opioids".

She earned her medical degree from A.T. Still University/Kirkville College of Osteopathic Medicine. Dr. Carron completed her residency and internship in internal medicine at Beaumont Hospital- Farmington Hills. She completed fellowships in Geriatric Medicine at Beaumont Hospital- Royal Oak and George Washington University- School of Medicine. Dr. Carron is board certified in Geriatric Medicine, Hospice and Palliative Medicine, and Internal Medicine. She works at Henry Ford Macomb Hospital as an attending physician in the department of Geriatrics and Palliative Care. Dr. Carron is also Assistant Clinical Professor of Internal Medicine at Michigan State University College of Osteopathic Medicine and serves as current president of the American College of Osteopathic Internists.



Lanna Cheuck, DO, FACS

Lanna Cheuck, DO, FACS is doing a "Botox workshop". She earned her medical degree at New York Institute

of Technology College of Osteopathic Medicine. Dr. Cheuck completed her internship in surgery at UMASS Memorial Medical Center Memorial Campus. She completed her residency in Urology at Brown University Hospital and completed her fellowship in urology at Montefiore Medical Center- Albert Einstein. Dr. Cheuck is board certified in Urologic Surgery. She currently owns and works at Dr. Lanna Aesthetics.



Antonio Ciccone, DO

Antonio Ciccone, DO will be speaking on "Burnout to Wellness: 'Is This You?'". He earned his medical

degree at Rowan University School of Osteopathic Medicine. He completed his residency in Emergency Medicine at Atlantic Health System/Morristown Medical Center. Dr. Ciccone is board certified in Emergency Medicine with the American Board of Emergency Medicine, board certified in Family Medicine with the American Board of Family Medicine and board certified in Family Practice and OMM with the AOA Board of Family Physicians. He is currently the Medical Director at Medical Essential Diagnostics.



John Cozzarelli, DPM, R.Ph

John Cozzarelli, DPM, R.Ph, is speaking on "Hyperuricemia- A New Marker for Metabolic Syndrome." He

earned his medical degree from New York College of Podiatric Medicine. Dr. Cozzarelli completed his residency at New York College of Podiatric Medicine and Affiliated Hospitals. He is a diplomate of the American Board of Foot and Ankle surgery, fellow of the American

college of foot and ankle surgeons and fellow of the Association of Extremity Nerve Surgeons. He currently works at Podiatric Associates of Belleville, P.C. and lectures at conference across the US and Canada.



Joseph D'Amico, DPM

Joseph D'Amico, DPM, is speaking on "The Asymptomatic Pediatric Flat Foot: Identification, Justification, and Management". He earned his medical degree from New York College of Podiatric Medicine. Dr. D'Amico completed an internship and residency in surgery at New York College of Podiatric Medicine and Affiliated Institutions. He is board certified in podiatric medicine. Dr. D'Amico teaches at the New York College of Podiatric Medicine and is in private practice.



Harit Desai, DO

Harti Desai, DO, is speaking on "Peripheral Vascular D2, Critical Limb Ischemia" and "Preventative Heart Disease". He earned his medical degree at Michigan State University College of Osteopathic Medicine. Dr. Desai completed his internship and residency in internal medicine from Mt. Clemens Regional Medical Center. He is board certified in general cardiology and interventional cardiology. Dr. Desai currently works at Capital Health Systems.



Robert Floros, DPM, FACFAS

Robert Floros, DPM, FACFAS is speaking on "Latest Treatment Paradigms in Skin Grafting Techniques of the Lower Extremities". He earned his medical degree from Pennsylvania College of Podiatric Medicine. Dr. Floros completed a podiatric surgery residency at JFK University Medical System and a residency in foot and ankle surgery at Graduate Hospital

Affiliate, University. He is board certified in podiatric surgery, foot and ankle reconstructive surgery, and wound care. Dr. Floros currently has academic appoints at Temple College of Podiatric Medicine, Mainline Health Emergency Department Trauma Call Team, and Mainline Health Resident Training Staff. He's an attending at Mainline Health System, Bryn Mawr Hospital, Bey Lea Ambulatory Surgical Center, Paul Kimball Hospital, and Community Medical Center. Dr. Floros currently works for Ocean County Foot and Ankle Surgical Associates, Delaware Valley Wound Care Associates, Established Foot and Ankle Clinic, and Founder of Smith Island Leadership Training Center, 501c3.



John Guiliana, DPM

John Guiliana, DPM, MS is speaking on "Clear Your Mind of "Can't"... A True Story Behind Achieving Personal and Business Balance & Wellness". He earned his medical degree from Temple University School of Podiatric Medicine. He is a fellow of the American Academy of Podiatric Practice Management and holds a master's degree in healthcare management. He has authored many columns in various journals and is the co-author of 31 ½ Essentials to Running Your Medical Practice, as well as The Million Dollar Practice. He is a monthly columnist for Podiatry Management Journal. Dr. Guiliana is currently a Medical Director of Podiatry for Modernizing Medicine's award-winning technology.



Michael Guma, DO

Michael Guma, DO is speaking on "Crystal Induced Arthritis". He earned his medical degree at Arizona School of Health Sciences. Dr. Guma completed his internship and residency in



internal medicine at Saint Michaels Medical Center. He completed a fellowship in Rheumatology at Saint Michael Medical Center as well. Dr. Guma is board certified in Rheumatology and Internal Medicine. He is currently the Director of Rheumatology for Optum.



Warren Joseph, DPM, FIDSA

Warren Joseph, DPM, FIDSA is speaking on "Oral Antibiotics for The Treatment of Osteomyelitis". He earned his medical degree from WM Scholl College of Podiatric Medicine. Dr. Joseph completed his residency at St. Joseph Hospital and completed a fellowship in infectious disease at Hahnemann University Hospital. He is board certified by the American Board of Podiatric Medicine. Dr. Joseph is currently an adjunct clinical professor at Arizona College of Podiatric Medicine, Midwestern University.



Margaret "Peggy" Koenitzer

Margaret "Peggy" Koenitzer will be doing Yoga: Relieving Stress Through Focused Breathing Techniques and Yoga Nidra: Guided Meditation. Peggy has been practicing Yoga for over 18 years, and she has been teaching for the past 16 years. She studied and received her Yoga Teacher Certification through Our Lady of Lourdes Wholistic Institution in Collingswood, New Jersey. The training was primarily Kripalu style, which focuses on the body and breath awareness, focusing inward and being fully present in your body and mind. Peggy brings her love for yoga to her students and encourages everyone to relax, turn inward, be aware and stay in the present moment.



Richard Kovach, MD

Richard Kovach, MD is speaking on "What Every Physician Should Know About PAD". He earned his medical degree at Thomas Jefferson University. Dr. Kovach completed his residency in internal medicine and fellowship training in both cardiology and clinical invasive cardiology at Thomas Jefferson University Hospital. He is board certified in both cardiovascular disease and interventional cardiology. Dr. Kovach is currently an interventional cardiologist at Deborah Heart and Lung Center.



Samantha Landau, DPM, MPH

Samantha Landau, DPM, MPH is speaking on "A Critical Analysis of Studies Refuting the Effectiveness of Orthoses in Children and New Updated Data". She earned her medical degree from New York College of Podiatric Medicine. Dr. Landau completed her residency at New York College of Podiatric Medicine/ Metropolitan Hospital Center. She did her fellowship in gout related disorder in the lower extremity in children and adults. She is ABPM and FACPM board certified and ABFAS board qualified. Dr. Landau currently works at New York College of Podiatric Medicine in the Orthopedics and Pediatrics departments.



John Leardi, Esq.

John Leardi, Esq. is speaking on "Demystifying the Legal Issues in Employment Contracts". He earned his law degree from Seton Hall University School of Law. Mr. Leardi is a frequent lecturer on medical practice management and a regular contributor to the American Academy of

Podiatric Practice Management. He currently practices law at Buttaci Leardi & Werner.



Robin Lenz, DPM

Robin Lenz, DPM, is speaking on "Surgical Offloading of Ulcerations and Amputations". He earned his medical degree at New York College of Podiatric Medicine. Dr. Lenz completed his residency at Jesse Brown VA Medical Center. He is board certified with the American Board of Wound Management, American Board of Podiatric Medicine, and certified in foot surgery by the American Board of Foot and Ankle Surgery. Dr. Lenz currently works at Ocean County Foot and Ankle Surgical Associates.



Nawras Makhsida, MD

Nawras Makhsida, MD is speaking on "The Call to Action: The Need to Reduce Cardiovascular Risk in Patients with Type 2 Diabetes and Atherosclerotic Cardiovascular Disease". He earned his medical degree from Damascus University, Syria. Dr. Makhsida completed both his internship and residency at St. Louis University Hospital. He is board certified in endocrinology, diabetes, and metabolism. Dr. Makhsida currently works at St. Clare's Denville and Dover Hospitals and has a clinic in Randolph, NJ.



Andre Pagliaro, MD

Andre Pagliaro, MD, is speaking on "Ankle Trauma". He earned his medical degree from Hahnemann University Medical School. Dr. Pagliaro completed a general surgery residency at Graduate Hospital of the University of Pennsylvania and a residency in orthopaedic

surgery at New York Medical College. He also completed a foot and ankle fellowship at Johns Hopkins University Hospital. Dr. Pagliaro is a diplomate with the American Board of Orthopaedic surgeons and a fellow with the American Academy of Orthopaedic Surgeons. He currently works for Rothman Orthopaedics.



Nicholas Petrucci, MD

Nicholas Petrucci, MD, is speaking on "Peripheral Arterial Disease and Chronic Limb Threatening Ischemia- Including Case Studies From A Multispecialty Practice". He earned his medical degree from Jefferson Medical College. Dr. Petrucci completed his internship at Albert Einstein Medical Center and his fellowship in Vascular Interventional Radiology at Hospital of University of Pennsylvania. Dr. Petrucci is currently the Director of AMI Vascular Institute.



Yaron Raducanu, DPM, DABFAS

Yaron Raducanu, DPM, DABFAS, is speaking on "Podiatry in Africa: ODUNA Medical Mission 2024" and "Podiatry's Impact in The Diabetic Foot". He earned his medical degree from Temple University. Dr. Raducanu did an internship at Eastern Virginia Medical School in Primary Podiatric Medicine. He completed his residency at Gulf Coast in Podiatric Surgery. Dr. Raducanu is board certified by the American Board of Foot and Ankle Surgery. He currently works at Foot and Ankle Center of South Jersey.



Julieanne Sees, DO, FAAOS, FAOA, FAOAO

Julieanne Sees, DO, FAAOS, FAOA, FAOAO is speaking on "Pediatric Foot Deformities". She earned her medical



degree from Midwestern University Chicago College of Osteopathic Medicine. Dr. Sees completed both her internship in Osteopathic Medicine and her residency in Osteopathic Medicine and Orthopaedic Surgery at University of Medicine and Dentistry of NJ School of Osteopathic Medicine. She is board certified by the American Osteopathic Board of Orthopedic Surgery. Dr. Sees currently works at CVS Health, practices at Northeast, and teaches at Saint Joseph's University Haub School of Business.



Brian Winters, MD

Brian Winters, MD, is speaking on "3D Printed Implants in Foot and Ankle Reconstruction". He earned his medical degree at Rutgers University/ Robert Wood Johnson and completed his residency at Thomas Jefferson University Hospital. Dr. Winters is board certified by the American Board of Orthopaedic Surgery. He currently works at Rothman Orthopaedics.

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JOIN US!

8:30-10:00PM IN THE LOBBY BAR

The best way to experience NJAOPS is through AROC, and meeting at AROC in a casual environment is even better... So, we are inviting all of our younger physician attendees (who are 45 years or younger) to join us for a social event of food and cocktails to learn more about the opportunities our association can offer our younger colleagues as they start out in practice.

NJAOPS provides a unique experience for DO's that combines: networking, publishing and leadership opportunities with our high-value legislative representation and professional benefits plans. We provide many services essential to the professional needs of our younger members, including legal and contract assistance, investment and insurance advice, as well as CME credit maintenance and recruitment connections.

We look forward to seeing you there!

New
Physicians
in practice



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CONGRATS!

Interim Dean Richard Jermyn and the faculty,
staff, students and residents of Rowan-Virtua School of
Osteopathic Medicine congratulate

Dean's Special Recognition Award
George J. Scott, DPM, D.O. '97

Distinguished Service Award
David Bollard, D.O. '86

Student "D.O. of the Year" Recipient
Ekrem Cetinkaya '24



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